

Little Saint Mary's Cambridge



Worship from home
from
the First Sunday after Christmas to
the Sunday next before Lent

The Gathering

Welcome. You will need a bible. If you are praying this on your own then either omit the text which invites a response or say it yourself, imagining other members of the church praying this with you around Cambridgeshire and indeed the world. Standing, sitting and kneeling (as you are physically able) will also help your prayers and your sense of joining in worship with others.

Please stand.

You may care to sing a hymn or play a hymn online or by CD, record, etc.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you
and with thy spirit.

From Christmas to Epiphany:

Hear the words of the angel to Joseph:

‘You shall call his name Jesus, for he will save his people from their sins.’

Therefore let us seek the forgiveness of God
through Jesus the Saviour of the world.

From Epiphany to the Sunday next before Lent:

The grace of God has dawned upon the world through our Saviour Jesus Christ,
who sacrificed himself for us to purify a people as his own.

Let us confess our sins.

We kneel.

**Almighty God, our heavenly Father,
we have sinned against thee and against our neighbour,
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.**

**We are heartily sorry and repent of all our sins.
For the sake of thy Son Jesus Christ, who died for us,
forgive us all that is past,
and grant that we may serve thee in newness of life
to the glory of thy name. Amen.**

Kyrie eleison, Christe eleison, Kyrie eleison.

May almighty God have mercy upon us,
forgive us our sins and bring us to everlasting life. **Amen.**

Glory be to God on high, **and in earth peace, good will towards men.**
We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father almighty.

O Lord, the only-begotten Son, Jesus Christ: O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art the Most High, in the glory of God the Father. Amen.

Let us pray:

We stand.

Collect for the First Sunday of Christmas:

Almighty God, who hast wonderfully created us in thine own image
and hast yet more wonderfully restored us through thy Son Jesus Christ:
grant that, as he came to share in our humanity,
so we may share the life of his divinity; who liveth and reigneth with thee,
in the unity of the Holy Spirit, one God, now and for ever.

Collect for the Second Sunday of Christmas:

Almighty God, who in the birth of thy Son
hast poured upon us the new light of thine incarnate Word
and revealed to us the fullness of thy love:
help us so to walk in his light and dwell in his love
that we may know the fullness of his joy; who liveth and reigneth with thee,
in the unity of the Holy Spirit, one God, now and for ever.

Collect for Epiphany:

O God, who by the leading of a star
didst manifest thy only-begotten Son to the Gentiles:
mercifully grant that we, who know thee now by faith,
may after this life have the fruition of thy glorious Godhead;
through Jesus Christ thy Son our Lord, who liveth and reigneth with thee,
in the unity of the Holy Spirit, one God, now and for ever.

Collect for the Baptism of Christ:

Eternal Father, who at the baptism of Jesus
didst reveal him to be thy Son, anointing him with the Holy Spirit:
grant that we, being born again by water and the Spirit,
may be faithful to our calling as thine adopted children;
through Jesus Christ thy Son our Lord, who liveth and reigneth with thee,
in the unity of the Holy Spirit, one God, now and for ever.

Collect for Second Sunday of Epiphany:

Almighty God, who in Christ makest all things new:
transform the poverty of our nature by the riches of thy grace,
and in the renewal of our lives make known thy heavenly glory;
through Jesus Christ thy Son our Lord, who liveth and reigneth with thee,
in the unity of the Holy Spirit, one God, now and for ever.

Collect for the Third Sunday of Epiphany:

Almighty God, whose Son revealed in signs and miracles
the wonder of thy saving presence: renew thy people with thy heavenly grace,
and in all our weakness sustain us by thy mighty power;
through Jesus Christ thy Son our Lord, who liveth and reigneth with thee,
in the unity of the Holy Spirit, one God, now and for ever.

Collect for the Fourth Sunday of Epiphany:

Almighty God, creator of all things, who in the beginning
didst command the light to shine out of darkness:
grant that the light of the glorious gospel of Christ
may dispel the darkness of ignorance and unbelief,
shine into the hearts of all thy people, and reveal the knowledge of thy glory
in the face of Jesus Christ thy Son our Lord, who liveth and reigneth with thee,
in the unity of the Holy Spirit, one God, now and for ever.

Collect for the Presentation of Christ in the Temple:

Almighty and ever-living God, we humbly beseech thy majesty,
that, as thy only-begotten Son was this day presented in the Temple,
in substance of our flesh,
so we may be presented unto thee with pure and clean hearts,
by thy Son Jesus Christ our Lord, who liveth and reigneth with thee,
in the unity of the Holy Spirit, one God, now and for ever.

Collect for the Second Sunday before Lent:

Almighty God, who hast created the heavens and the earth
and hast made us in thine own image:

teach us to discern thy hand in all thy works and thy likeness in all thy children;
through Jesus Christ thy Son our Lord, who liveth and reigneth with thee,
in the unity of the Holy Spirit, one God, now and for ever.

Collect for the Sunday next before Lent:

Almighty Father, whose Son was revealed in majesty
before he suffered death upon the cross: give us grace to perceive his glory,
that we may be strengthened to suffer with him
and be changed into his likeness, from glory to glory;
who liveth and reigneth with thee,
in the unity of the Holy Spirit, one God, now and for ever.

The Liturgy of the Word

We sit for the first reading:

1st of Christmas: Exodus 33.7-11a

Epiphany: Isaiah 60.1-6

2nd of Epiphany: I Samuel 3.1-10

4th of Epiphany: Deuteronomy 18.15-20

2nd before Lent: Proverbs 8.1, 22-31

2nd of Christmas: Jeremiah 31.7-14

Baptism of Christ: Genesis 1.1-5

3rd of Epiphany: Genesis 14.17-20

Presentation of Christ: Malachi 3.1-5

Next before Lent: II Kings 2.1-12

Each time ending:

This is the word of the Lord.

Thanks be to God.

We remain seated for the Psalm (pausing briefly midway through each verse):

1st of Christmas: 117

Epiphany: 72.10-15

2nd of Epiphany: 139.1-5, 12-18

4th of Epiphany: 111

2nd before Lent: 104.26-end

2nd of Christmas: 147.13-end

Baptism of Christ: 29

3rd of Epiphany: 128

Presentation of Christ: 24.7-end

Next before Lent: 50.1-6

Each time ending: Glory be to the Father, and to the Son, and to the Holy Ghost;

**As it was in the beginning, is now and ever shall be,
world without end. Amen.**

We remain seated for the second reading:

1st of Christmas: Galatians 4.4-7

Epiphany: Ephesians 3.1-12

2nd of Christmas: Ephesians 1.3-14

Baptism of Christ: Acts 19.1-7

2nd of Epiphany: Revelation 5.1-10
4th of Epiphany: Revelation 12.1-5a
2nd before Lent: Colossians 1.15-20

3rd of Epiphany: Revelation 19.6-10
Presentation of Christ: Hebrews 2.14-end
Next before Lent: II Corinthians 4.3-6

Each time ending: This is the word of the Lord.
Thanks be to God.

We then stand to acclaim the Gospel reading:

Alleluia, alleluia, alleluia!

Alleluia, alleluia, alleluia!

Speak, Lord, for thy servant is listening; thou hast the words of eternal life!

Alleluia, alleluia, alleluia!

The Lord be with you
and with thy spirit.

Hear the Gospel of our Lord Jesus Christ according to *N*
Glory be to thee, O Lord.

1st of Christmas: Luke 2.15-21
Epiphany: Matthew 2.1-12
2nd of Epiphany: John 1.43-end
4th of Epiphany: Mark 1.21-28
2nd before Lent: John 1.1-14

2nd of Christmas: John 1.10-18
Baptism of Christ: Mark 1.4-11
3rd of Epiphany: John 2.1-11
Presentation of Christ: Luke 2.22-40
Next before Lent: Mark 9.2-9

Each time ending: This is the Gospel of the Lord.
Praise be to thee, O Christ.

We remain standing for the creed:

**I believe in one God the Father almighty,
maker of heaven and earth,
and of all things visible and invisible:**

**And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father,
by whom all things were made;
who for us men and for our salvation**

came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary,
and was made man,
and was crucified also for us under Pontius Pilate.
He suffered and was buried,
and the third day he rose again
according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father.
And he shall come again with glory
to judge both the quick and the dead:
whose kingdom shall have no end.

And I believe in the Holy Ghost,
the Lord, the giver of life,
who proceedeth from the Father and the Son,
who with the Father and the Son together is worshipped and glorified,
who spake by the prophets.
And I believe one holy catholic and apostolic Church.
I acknowledge one baptism for the remission of sins.
And I look for the resurrection of the dead,
and the life of the world to come. Amen.

In the power of the Spirit and in union with Christ let us pray to the Father:

We kneel for the Prayers of the Faithful. You may care to insert names of the sick and dead where there is an asterisk.

Almighty and everliving God, who by thy holy Apostle hast taught us to make prayers, and supplications, and to give thanks, for all men; we humbly beseech thee most mercifully to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: and grant, that all they that do confess thy holy name may agree in the truth of thy Holy Word, and live in unity and godly love.

We beseech thee also to lead all nations in the way of righteousness and peace; and so to direct all kings and rulers, that under them thy people may be godly and quietly governed. And grant unto thy servant Elizabeth our Queen, and to all that are put in authority under her, that they may truly and impartially minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue.

Give grace, O heavenly Father, to all Bishops, Priests and Deacons, especially to thy servant Stephen our bishop, and Dagmar, Bishop of Huntingdon, that they may both by their life and doctrine set forth thy true and living Word and rightly and duly administer thy holy Sacraments.

Guide and prosper, we pray thee, those who are labouring for the spread of thy Gospel among the nations, and enlighten with thy Spirit all places of education and learning; that the whole world may be filled with the knowledge of thy truth.

And to all thy people give thy heavenly grace; and specially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy Holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.*

And we commend to thy gracious keeping, O Lord, all thy servants departed this life in thy faith and fear, beseeching thee to grant them everlasting light and peace.*

And here we give thee most high praise and hearty thanks for the Blessed Virgin Mary and all thy Saints, who have been the chosen vessels of thy grace, and lights of the world in their several generations; and we pray, that rejoicing in their fellowship, and following their good examples, we may be partakers with them of thy heavenly kingdom.

**Merciful Father, accept these prayers
for the sake of the thy Son, our Saviour, Jesus Christ. Amen.**

The Liturgy of Spiritual Communion

We stand.

From Christmas to Epiphany:

Unto us a child is born, unto us a son is given,
and his name shall be called the Prince of Peace.

The Peace of the Lord be always with you

And with thy spirit.

From Epiphany to the Sunday next before Lent:

Our Saviour Christ is the Prince of Peace.

Of the increase of his government and of peace there shall be no end.

The peace of the Lord be always with you

and with thy spirit.

Let us pray with confidence as our Saviour has taught us:

Our Father,

who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

For thine is the kingdom,

the power and the glory,

for ever and ever. Amen.

**O Lamb of God, that takest away the sins of the world,
have mercy upon us.**

**O Lamb of God, that takest away the sins of the world,
have mercy upon us.**

**O Lamb of God, that takest away the sins of the world,
grant us thy peace.**

Kneeling (if possible) we make this act of Spiritual Communion:

In union, O dear Lord, with the faithful at every altar of thy Church,

where thy blessed Body and Blood are being offered to the Father,

I desire to offer thee praise and thanksgiving.

I present to thee my soul and body,

with the earnest wish that I may ever be united to thee.

And since I cannot now receive thee sacramentally,

I beseech thee to come spiritually into my heart.

I unite myself to thee, and embrace thee with all the affections of my soul.

O let nothing ever separate me from thee. Let me live and die in thy love.

Grant, O Lord Jesus Christ, that as the hem of thy garment,
touched in faith, healed the woman who could not touch thy Body,
so the soul of thy servant may be healed by like faith in thee,
whom I cannot now sacramentally receive;
through thy tender mercy, who livest and reignest with the Father
in the unity of the Holy Spirit, ever one God, world without end. Amen.

*Take some time of silence now to savour those words and contemplate Jesus Christ with you.
Then:*

Let us pray.

First Sunday of Christmas post-communion:

Heavenly Father,
whose blessed Son shared at Nazareth the life of an earthly home:
grant to thy Church grace to live as one family, united in love and obedience,
and at the last bring us all to our home in heaven;
through Jesus Christ our Lord.

Second Sunday of Christmas post-communion:

Almighty God, who in the birth of thy Son
hast poured upon us the new light of thine incarnate Word
and revealed to us the fullness of thy love:
help us so to walk in his light and dwell in his love
that we may know the fullness of his joy;
who liveth and reigneth with thee,
in the unity of the Holy Spirit, one God, now and for ever.

Epiphany post-communion:

O Lord our God, the bright splendour whom the nations seek:
grant that we, who with the wise men have been drawn by thy light,
may discern the glory of thy presence in thy Son,
the Word made flesh, Jesus Christ our Lord.

Baptism of Christ post-communion:

O Lord of all time and eternity,
who in the baptism of Jesus thy beloved Son didst open the heavens
and didst reveal thyself as Father:
by the power of thy Spirit make perfect the heavenly work of our rebirth
through the waters of the new creation; through Jesus Christ our Lord.

Second Sunday of Epiphany post-communion:

God of glory, as thou dost nourish us with thy Word
who is the bread of life: fill us with thy Holy Spirit
that through us the light of thy glory may shine in all the world;
through Jesus Christ our Lord.

Third Sunday of Epiphany post-communion:

Almighty God, whose Son our Saviour Jesus Christ is the light of the world:
grant that thy people, illumined by thy word and sacraments,
may shine with the radiance of his glory,
that he may be known, worshipped and obeyed
to the ends of the earth, who liveth and reigneth, now and for ever.

Fourth Sunday of Epiphany post-communion:

Gracious Lord, by whose mercy we have proclaimed in word and sacrament
the mystery of thy love:
help us so to live our lives that we may show forth thy wonders in the world;
through Jesus Christ our Saviour.

Presentation of Christ in the Temple post-communion:

O Lord, who didst fulfil the hope of Simeon and Anna
that they might live to greet the coming of the Messiah:
grant that we, who have received these inexpressible gifts,
may be prepared to meet Christ Jesus when he shall come
to bring us to eternal life; for he liveth and reigneth, now and for ever.

Second Sunday before Lent post-communion:

O God our creator, by whose gift
the tree of life was set at the heart of the earthly paradise,
and the bread of life at the heart of thy Church:
may we who have been nourished at thy table on earth
be transformed by the glory of the Saviour's cross
and enjoy the delights of eternity; through Jesus Christ our Lord.

Sunday next before Lent post-communion:

O holy God, we behold thy glory in the face of Jesus Christ:
grant that we who are partakers at his table may reflect his life in word and deed,
that all the world may know his power to change and save;
through Jesus Christ our Lord.

The Dismissal

The Lord be with you
and with thy Spirit.

From Christmas to Epiphany:

Christ, who by his incarnation gathered into one things earthly and heavenly, fill us with peace and goodwill and make us partakers of the divine nature; and the blessing of God almighty, the Father, the Son and the Holy Spirit, be among us and remain with us always. **Amen.**

From Epiphany to the Sunday next before Lent:

Christ the Son of God perfect in us the image of his glory and gladden our hearts with the good news of his kingdom; and the blessing of God almighty, the Father, the Son and the Holy Spirit, be among us and remain with us always. **Amen.**

You may care to sing a hymn or play a hymn online or by CD, record, etc.

At noon you may care to pray the Angelus (a memorial of the Incarnation):

The angel of the Lord brought tidings to Mary:

And she conceived by the Holy Ghost.

Hail Mary, full of grace, the Lord is with thee.

Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,

pray for us sinners now and at the hour of our death.

Behold the handmaid of the Lord: **Be it unto me according to thy word.**

Hail Mary... **Holy Mary...**

And the Word was made flesh: **And dwelt among us.**

Hail Mary... **Holy Mary...**

Pray for us, O holy Mother of God:

That we may be made worthy of the promises of Christ.

Let us pray: We beseech thee, O Lord, pour thy grace into our hearts: that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his +Cross and Passion we may be brought unto the glory of his Resurrection; through the same Christ our Lord. **Amen.**