

Little St. Mary's, Cambridge

NEWSLETTER

February 2008, No. 394

Price: 25p



SERVICES & EVENTS IN FEBRUARY

- Sat 2nd PRESENTATION OF OUR LORD: CANDLEMAS
Sung Mass & Ceremonies 10.00am
- Sun 3rd NEXT before LENT; Quinquagesima.
10:30am High Mass: Preacher: the Rev'd Canon Dr Tim Jenkins,
Dean of Jesus College.
- Wed 6th ASH WEDNESDAY: *Imposition of Ashes at both services.*
Low Mass 10:00 Sung Mass 7:00pm
- Sun 10th 1st SUNDAY in LENT
10:30am High Mass Preacher: the Rev'd Martin Kettle,
Governor of Whitemoor Prison
- Tue 12th Society of Mary, 7.30pm
- Wed 13th Healing Ministry: 9.45am/10.00am Lent Course (1)
- Sun 17th 2nd SUNDAY in LENT
10:30 High Mass Preacher: the Rev'd Charles Dixon,
Chaplain to the Deaf
- Mon 18th Meditation: 1.00-1.30pm
Finance & Standing Committee 7.30pm
- Tue 19th Confraternity of the Blessed Sacrament 8.00pm
- Wed 20th Lent Course (2)
- Sun 24th 3rd SUNDAY in LENT
10:30 High Mass Preacher: Sister Frances Dominica,
Founder and Trustee of Helen House Hospice
- Wed 27th Lent Course (3)

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Dear Friends,

We always include a 'prayer for the month' in our Newsletter (on the page following the calendar and daily intentions) which I hope our readers find helpful. This month's is the Post Communion prayer for the first Sunday in Lent, and prays that we may 'always hunger for him who is the true and living bread', and be given 'grace to live by every word that proceedeth out of his mouth'. It is, in other words, a prayer that we may respond faithfully to the Church's ministry of Word and Sacrament; thus it may be an encouragement to us all to form a Lenten pattern which includes, for example, attendance at a weekday Mass as well as our regular Sunday commitment: the use of one of the Scripture passages appointed for morning and evening prayer: participation in the Wednesday evening Lent course. You might like to talk over with one of the clergy what would be a good pattern for you to establish; you might also like to look ahead to the opportunity to be given to us by the **Month of Guided Prayer** which will be running from April 13th to May 11th. You will find an explanation of this and further details on page 4 and a separate application form inserted.

***Proclaiming the Lord's favour: responsible concern
our Sunday High Mass sermons in Lent***

The inspiration for this course of sermons comes from the famous passage in Isaiah 61, quoted in Jesus 'sermon at Nazareth' in St Luke 4.16-21. *The Spirit of the Lord GOD is upon me, because the LORD has anointed me to bring good tidings to the afflicted; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the year of the LORD's favour.* Our visiting preachers are all involved in one way or another with people who are 'disadvantaged'...

Sunday February 10th: The Revd Martin Kettle,
NSM Priest and Governor of Whitemoor Prison

Sunday February 17th: The Revd Charles Dixon,
Diocesan Chaplain to the Deaf

Sunday February 24th: Sister Frances Dominica, Founder and Trustee
of Helen House Children's Hospice

Sunday March 2nd: The Revd John Nicholson,
Chaplain of Fulbourn Hospital

On March 9th I shall be offering some reflections on what we have heard in these sermons, and I hope that after Evensong that day we might have a talk arranged by our Social Responsibility Group..

As mentioned in the January Newsletter, our **Lent Course**, biblically based and entitled '**Strangers recognised**', will be on **Wednesday** evenings, with a **Bring-and-Share** Supper at 7pm, before the session begins at about 7.40pm and we shall finish with Compline.

February 13th: the Church as a Community of Strangers

February 20th: God as Stranger

February 27th: The Stranger who is Myself

March 5th: Healing encounters with the Stranger

March 12th: Welcoming Strangers

Also in Lent:

Stations of the Cross:

There will be reflections on two of the Stations at the conclusion of the Friday 12.30pm Low Mass, on February 8th, 15th, 22nd, 29th, March 7th, 14th. Stations of the Cross in full on Thursday March 13th (with the Guild of the Servants of the Sanctuary) and on the Monday of Holy Week, March 17th, at 12.30pm (in the Churchyard Garden, if fine).

Lent Boxes: for the Bishop's Lent Appeal: the Leprosy Mission (see p. 12)

and later in the year: Joint Retreat at Worth Abbey

I am pleased to say that a number of people have expressed interest in the proposed joint Retreat with friends from Chant d'Oiseau at **Worth Abbey** from 4pm on **Monday August 25th** (the Bank Holiday) until after lunch on **Thursday 28th**. The cost per person will be £82 (single rooms) or £77 (shared rooms), and there will be an additional charge, probably of £3 per person, for the talk about the life and ethos of Worth Abbey to be given to us in French and English by Fr Stephen Ortiger OSB, who will also be helping to welcome our group. We are invited to be present at the monks' prayer times, which should be a highlight of our stay at Worth. ***I would now be glad to have written applications for the Retreat, stating whether you require a single room, or would be prepared to share a twin room.***

I had five responses (only two on a postcard!) to my invitation for your reflections on communicant numbers; sermon topics and choice of music for the Ordinary of the Mass were mentioned, but on the whole the feeling seems to be that we should go on doing what we do as well as we can. People certainly seem to appreciate LSM on the Sundays before the College Chapels get going in the Lent Term!

with prayers and best wishes for a good keeping of Lent: Fr Andrew

A MONTH OF GUIDED PRAYER

Sunday April 13th – Sunday May 11th 2008

A month of guided prayer is an opportunity

- to explore the life of prayer accompanied by a guide
- to deepen your awareness of God in your daily life
- to commit yourself to a regular time of prayer over the month
- to discover something about different ways of prayer

When and where would I meet with my guide?

- once a week: time of day/evening by mutual agreement
- at the guide's home or in a 'neutral' place

What else will be on offer?

- a welcome, introductions and an opening service
- three evening sessions on 'ways of praying'
- an Ascension Day evening service
- a concluding service

Will there be a charge?

£15 is asked towards expenses (you can give more!)

TIMETABLE

Sunday April 13th: 3p-5pm at St Paul's Hills Road
Welcome, Introductions and Opening Worship

Weeks beginning April 13th, 20th, 27th, May 4th
Meetings with Guides (once a week)

Thursday April 17th: 7.30pm at St Paul's Hills Road
Ways of Praying (1) The Jesus Prayer
The Rt Revd Simon Barrington Ward

Thursday April 24th: 7.30pm at Little St Mary's
Ways of Praying (2) Praying the Psalms
The Revd Dr Adrian Chatfield

Thursday May 1st: 7pm at Little St Mary's
Ascension Day Service

Thursday May 8th: 7.30pm at St Bene't's
Ways of Praying (3) Praying with Icons
Mother Joanna

Sunday May 11th: 3pm at St Paul's Hills Road
Concluding Worship

Other dates in February:

The Ministry of Healing:

Silent prayer for the sick and carers: **Wednesday 13th 9.45am**

anointing and laying on of hands at the 10am Mass

Thursday 14th 6.15pm

anointing and laying on of hands at the 6.30pm Mass

Monday Meditation: 18th: 1-1.30pm.

People for our Prayers

At the time of writing **Tony Fletcher** has been in Addenbrooke's with pneumonia and other complications.

Michael Farmer has been in and out of Addenbrooke's and the Arthur Rank Hospice with recurring difficulties in swallowing and bouts of severe pain.

Fr Francis Woolley, (Parish Priest at Balsham) has just begun a course of chemotherapy following his surgery late last year.

The Anglican Bishop of Peru, **Bill Godfrey**, has been having further treatment in London.



In a few weeks' time we bid farewell to **Tessa Hobbs** who is moving to Walsingham. She has been very much part of LSM life in a variety of ways for a number of years, but we are particularly grateful to her for all the time and skill she has given to the Churchyard Garden. Though there was some anxiety initially about her clearance programme, it is now clear how this has been very beneficial to the continuing life of one of our great assets. Thankfully, Tessa has agreed to act as an honorary 'consultant' for the garden, and Sally Head will take over 'on site' supervision; she will also be with us for the Annual Meeting on April 3rd to deliver what will be her first and last Electoral Roll Report! We wish Tessa well in her new life.

THE MEDAILLE TRUST

The Medaille Trust is a charity in the United Kingdom founded by several Catholic Congregations. Its main aim is to end the trafficking and enslavement of women, children and young men to the sex industry.

The charity was set up in 2006 at a meeting held, which over 40 representatives attended. The main co-founders, who led the meeting were: Sister Ann Teresa, a nun who has worked helping prostitutes on the streets; Fr Des Connolly, a Catholic priest and St Louis Marie De Montfort missionary; and the Hospitaller Order of St John of God.

The Medaille Trust exists to raise awareness of the plight of young women, children and men who are enslaved and exploited in the sex industry, to campaign on the issues, and to provide relief to these victims through safe housing opportunities for physical and psychological healing and rehabilitation.

The charity currently operates three houses in England, providing support, and help to people freed from the sex industry. They provide a safe place to stay, and both physical and mental aid.

Contact: The Medaille Trust, PO Box 119 Darlington DL1 9BX

Quotes from The Observer, Sunday April 2, 2006

Sister Ann Teresa, a Catholic nun for 40 years, has worked with prostitutes on the streets for seven years and has a clear eye about the violence, danger and abuse common in the trade.

Now, she has a plan. Sister Ann Teresa is spearheading a unique and remarkable project to provide women who have been trafficked into the UK as prostitutes with an underground network of 'safe' houses across the UK. It would offer a safe passage abroad and long-term support.

'These young women are slaves in our cities and towns - [they] don't break the law or disturb the peace,' she said. 'The police are under-funded and overworked. Trafficked women are offered next to nothing in the UK. They deserve better.'

In the houses, women receive medical and psychological help, practical support and retraining. Accommodating six women at a time, each costs £200,000 a year to run. Long-term funding is needed to continue this.



Calendar and Intentions

for

FEBRUARY

*The list of Thanksgivings and Intercessions offers a focus
for our daily prayer, both at the Offices and Mass,
and in our personal times of prayer.*

*The Vicar would be glad of suggestions for additions
to the list of daily intentions.*

Calendar for February

Fri.	1st	St Brigid, Abbess
Sat.	2nd	PRESENTATION of OUR LORD: 10am: HM <i>with Candlemas Ceremonies</i>
SUN.	3rd	NEXT before LENT: Quinquagesima
Mon.	4th	St Gilbert of Sempringham
Tues.	5th	
Wed.	6th	ASH WEDNESDAY: LM 10am, SM 7pm: <i>imposition of ashes at both services</i>
Thurs.	7th	
Fri.	8th	
Sat.	9th	
SUN.	10th	1st of LENT
Mon.	11th	commem.St Radegund
Tues.	12th	Society of Mary 7.30pm
Wed.	13th	Healing Ministry 9.45/10am: Lent Course (1) 7pm
Thurs.	14th	Healing Ministry 6.15/6.30pm
Fri.	15th	
Sat.	16th	
SUN.	17th	2nd of LENT
Mon.	18th	Meditation 1-1.30pm: 7.15pm Finance & Standing Committee
Tues.	19th	Confraternity of the Blessed Sacrament 8pm
Wed.	20th	Lent Course (2)
Thurs.	21st	
Fri.	22nd	
Sat.	23rd	commem. St Polycarp, Bishop & Martyr
SUN.	24th	3rd of LENT
Mon.	25th	
Tues.	26th	
Wed.	27th	commem.George Herbert: Lent Course (3)
Thurs.	28th	
Fri.	29th	

Daily Intentions and *Anniversaries* for February

Cambridge and Anglia Ruskin Universities	1st
Thanksgiving for Our Lord, light to all peoples	2nd
The Parish	<i>Dennis Barnard</i> 3rd
Vocations to the religious life	4th
A spirit of true penitence	5th
A good keeping of Lent	6th
Addenbrookes Hospital	7th
The People of Darfur	8th
Our Servers	9th
The Parish	<i>Ronald Moorhouse, Bill Thomas</i> 10th
Jesus College	<i>Mary Jones</i> 11th
Society of Mary	<i>Elizabeth Barnard, Margaret Webber, Enid Maycock</i> 12th
Friends of LSM	<i>Alich Nilsson</i> 13th
Church's Ministry of Healing	14th
Whitworth House (<i>Friday Lunch Charity</i>)	15th
Prisoners and their families	16th
The Parish	17th
Finance & Standing Committee	18th
CBS	<i>John Lyon, Pr., Audrey Sparrow</i> 19th
Our Lent Course	<i>Mary Stubbs</i> 20th
Christian Unity	21st
Ministry to the Deaf	22nd
Quiet Day at Burwell	<i>Mary Dawson</i> 23rd
The Parish	24th
Palestinians and Israelis	25th
Helen House	<i>Arthur Peck, James Townley</i> 26th
Parish Clergy	27th
The Medaille Trust (see p. 6)	28th
Our Choirs and Organists	29th

FEBRUARY

A Prayer for Lent

***O Lord our God,
who dost renew us
with the living bread from heaven,
and dost thereby nourish our faith,
increase our hope,
and strengthen our love:
incline our hearts always to
hunger for him
who is the true and living bread,
and give us grace to live by every word
that proceedeth out of thy mouth;
through Jesus Christ Our Lord:
AMEN***

HANDEL'S MESSIAH AT THE CORN EXCHANGE

A performance of Handel's Messiah by the Academy of Ancient Music, orchestra-in-residence at Cambridge University, was held at the Cambridge Corn Exchange on 11th December. Formed in 1973, the Academy of Ancient Music demonstrates pre-eminence in music of the Baroque and Classical periods. Richard Egarr, a former organ scholar at Clare College, became Musical Director in September 2006 and his inaugural season has won glowing praise from audiences and critics alike.

My first experience of a full performance of Messiah, the programme notes made it easy to follow Charles Jennens libretto, a compilation of biblical texts. Messiah contains only one passage of direct narrative in the Nativity sequence, covering the angel's appearance to the shepherds, otherwise it tells the story indirectly through allusion in Old Testament prophecy and St Paul's letters.

The soloists were Susan Gritton, soprano, who won the Kathleen Ferrier Memorial Prize and read Botany at Oxford and London Universities before taking up music; Wilke te Brummelstroete, mezzo-soprano, can be heard on many recordings, including a disc of Bach Cantata's with Sir John Eliot Gardner; Andrew Tortise, tenor, was a Choral Scholar at Wells Cathedral before graduating from Trinity College in 2002; and Giles Underwood, bass, who read Biology at Magdalen College, Oxford and then studied opera at the Guildhall School of Music and Drama.

Both the Advent quiet week-end at Mill Green House in Linton and the performance of Messiah made a wonderful prelude to Christmas 2007.

Richard Barlow-Poole

There was not enough space to place this article in the January Newsletter, so apologies for the late entry. Ed.

THE BISHOP'S LENT APPEAL

The Bishop of Ely, Dr Anthony Russell, will launch his Lent Appeal 2008 on Thursday 31 January to support the work of The Leprosy Mission. The launch will take place at Orton Goldhay, Peterborough.

The Appeal will focus on the work of the Schieffelin Institute of Health in Karigiri, South India, because this hospital is located within Ely's link diocese of Vellore. Ever since its foundation in 1955 the hospital has been at the forefront of leprosy care. It was a pioneer of the Multi Drug Therapy which now transforms the lives of leprosy sufferers, and also of innovative surgery on tendon transfer to restore some use to damaged limbs.

Today this modern community hospital cares for the medical needs of a large and expanding population. It has over twenty five medical staff and specialists in dermatology, reconstructive surgery, ENT, ophthalmology, gynaecology, community health and pathology. Physical and occupational therapists, social workers and counsellors combine their skills and experience to provide the best possible care. No one with leprosy is ever turned away. There is also a vibrant hospital church and committed chaplaincy team who provide vital spiritual care.

More than 1,400 people per day were diagnosed with leprosy in 2005. This disease is acquired through airborne infection and has been curable for the last twenty years. Yet the stigma remains, and many of those who could be cured do not come forward for treatment for fear of shame and rejection. Often treatment is started too late to prevent permanent damage to hands and feet. Leprosy is found today in areas of poverty in South America, Africa and Asia.

"I am delighted that the Diocese is able to work with The Leprosy Mission in Lent 2008 to raise funds for Karigiri Hospital," said Dr Russell. "This venture allows us to be involved with a charity based in our Diocese, and to encourage vital work close to our link Diocese in South India. Please support the Appeal generously."

<p>£35 will pay a nurse's salary for one month £35 will pay for sight saving eye surgery £90 will pay for hand surgery and correct disability £120 will pay for the medical care of one patient</p>

GIVING FOR 2007

The following is a statement of the giving made by LSM during the last year.

USPG (Peru project)	1850.00
PNG Church Partnership	1800.00
Friends of Calcutta Cathedral Relief Service	1700.00
The Makeni Ecumenical Centre	1700.00
St Cyprian Sharpeville	873.00
Christian Aid	856.00
CAMFED	733.00
The Borneo Mission	700.00
The Medaille Trust	500.00
Bishop's Lent Appeal	458.00
Children's Society (estimate)	435.00
Cambridge Cyrenians (estimate)	435.00
Community of the Resurrection (Zimbabwe appeal)	400.00
Cambridge Money Advice Centre	387.00
Additional Curates Society	365.00
Cambridge Mencap (estimate)	285.00
NICHS	276.00
The Prison Fellowship	251.00
Biblelands (estimate)	245.00
Anglican Diocese of Peru	130.00
St Luke's Hospital for the Clergy	124.00
Cambridge Samaritans	110.00
New Churches Fund	100.00
Emmanuel URC	100.00
Arthur Rank Hospice Charity	57.00
The Pilsdon Community at Malling	30.00
Addenbrookes Hospital Kidney Patients Assoc	20.00
TOTAL	14920.00

My apologies for omitting this from last month's Newsletter. Ed.

Love Calls
Music and Readings on the Theme of
Human and Divine Love
Trinity College Chapel
Saturday, 9th February 2008
7.00pm
with former choral scholars of Trinity College
programme of music and readings exploring connections between
human love and the love of God
Tickets: £5 (£3 concessions) available at the door
Money received goes to 800th Anniversary Appeal of the University of Cambridge

MOTHERING SUNDAY

Helping a mother facing tough circumstances is a Mothering Sunday gift that anyone will treasure.



How to make a mother's day - a gift with a difference.

Choose a gift from the Mothers' Union catalogue at the back of church or visit www.themothersunion.org

Gifts include:

- £6 to buy an orange or mango tree** for a mother in the developing world to improve the diet of her family and provide shade, firewood and timber.
- £10 to provide toys and equipment** for family visiting centres in prisons, child contact centres and groups for parents with disabled children.
- £35 for an emergency relief kit** for a mother who has lost everything through natural disaster or conflict.

For each item purchased, the Mothers' Union will send you a card giving details of the chosen gift and ready for you to personalise and send. Orders must be received by **18th February** for delivery before Mothering Sunday. Alternatively, you can buy a gift in memory of a mum as a tribute to a lifetime of caring. I shall be happy to supply further details or general information about the work of the Mothers' Union in Ely Diocese or internationally.

Jo Wibberley

SERVICES AT LITTLE ST MARY'S

Sundays

7.30am *Morning Prayer* 8.00am *Holy Communion*
10.30am *High Mass* 6.00pm *Solemn Evensong & Benediction*

Weekday Services

Monday

7.15am *Morning Prayer* 7.45am *Low Mass* 6.00pm *Evening Prayer*

Tuesday

7.15am *Morning Prayer* 7.45am *Low Mass* 6.00pm *Evening Prayer*

Wednesday

9.00am *Morning Prayer* 10.00am *Low Mass* 6.00pm *Evening Prayer*

Thursday

7.15am *Morning Prayer* 7.45am & 6.30pm *Low Mass* 6.00pm *Evening Prayer*

Friday

7.15am *Morning Prayer* 7.45am & 12.30pm *Low Mass* 6.00pm *Evening Prayer*

Saturday

8.00am *Low Mass* 6.00pm *Evening Prayer*

Festivals

7.00pm *Sung Mass*
Low Mass as announced

The Sacrament of Reconciliation (Confession)

Friday at Noon Saturday 6.30pm
or at other times by appointment

Coffee is served in the Parish Room after the 10.30am High Mass on Sundays and after the Low Mass on Wednesdays.

There is a Charity Lunch, min. £2.50, after the Low Mass on Fridays, supporting both home and overseas charities.

LSM Social group/ mailing list

To join: <http://groups.yahoo.com/group/LSMsocial/>

Mailing list only: blank email to:

LSMsocial-subscribe@yahogroups.com

LSM website

www.lsm.org.uk

Deadline for March Newsletter : **Sunday 17th February**