

*Little St Mary's, Cambridge*

# NEWSLETTER

*April 2011, No. 430*

*Price: 25p*



## ***Lent Sunday Morning Sermons (cont.)***

**April 3rd:           The Revd Jonathan Lawson**

**April 10th:         The Revd Christopher Woods**

## ***TRIDUUM SACRUM***

***(Maundy Thursday to Easter Day)***

*see details on page 2*

## ***Holy Week and Easter Day Preacher***

**The Revd Professor Sarah Coakley**

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**HOLY WEEK AND EASTER 2011**

***The Sacrament of Reconciliation: times for Confession***

*by arrangement with Fr Mark or with Fr John Hughes*

*The Addresses at Evensong on Palm Sunday, and at 7pm Mass*

*from Monday to Wednesday inclusive will be given by*

*The Revd Professor Sarah Coakley*

<b>PALM SUNDAY</b>	8.00am	Low Mass			
<b>17th</b>	10.15am	Blessing of Palms (Laundress Green)			
		Procession to LSM, High Mass			
	6.00pm	Solemn Evensong & Benediction with first Holy Week Address			
<b>Monday 18th</b>	7.45am	Low Mass			
	12.30pm	Stations of the Cross			
	7.00pm	Low Mass and Address			
<b>Tuesday 19th</b>	7.45am	Low Mass	7.00pm	Low Mass	&
Address					
<b>Wednesday 20th</b>	10.00am	Low Mass	7.00pm	Low Mass	&
Address					

***The Easter Triduum***

<b>MAUNDY</b>	7.00pm	High Mass of the Lord's Supper			
<b>THURSDAY</b>		Address and Footwashing, Procession to			
the					
<b>21st</b>		Altar of Repose, Stripping of the Altars, Watch of the Passion			
<b>GOOD FRIDAY</b>	9.00am	Morning Prayer and Litany (BCP)			
<b>22nd April</b>	Noon	Preaching of the Passion			
	1.30pm	Liturgy of the Day			
	5.00pm	Liturgy of the Cross for Children			
	9.00pm	Tenebrae			
<b>HOLY SATURDAY</b>	9.00am	Antecommunion			
<b>23rd April</b>	6.00pm	Evening Prayer and Vigil Prayers			
<b>EASTER DAY</b>	4.45am	Paschal Vigil and First Mass of Easter			
<b>24th April</b>	8.00am	Low Mass			
	10.30am	Procession, High Mass & Holy Baptism			
	6.00pm	Solemn Evensong and Benediction			

## **Dear Friends,**

We are all adjusting to the departure of Fr Andrew as vicar after 16 years with us. It will take a little time for us to adapt to our new circumstances for the coming few months of the interregnum, but I have been immensely encouraged by the number of people quietly taking on new tasks and responsibilities. I think it speaks well for our community that we have a proper sense of confidence and self-assurance that we can adapt to the big changes that Fr Andrew's retirement will bring for us. There is inevitably a sense of loss, because Fr Andrew has been so central to our life together for so long, but I think that one of the fruitful signs of his leadership over the last years is the sense of steady and quiet commitment in personal discipleship that is so evident in people here.

As I write this we are mid-Lent and looking forward to the great Easter Triduum which I am pleased to say we are able to offer with the support of so many clergy from the colleges and the town. The Reverend Professor Sarah Coakley is to lead us through Holy Week with her first address at Evensong and Benediction at 6pm on Palm Sunday. As we journey through that week one aspect of the story that might strike a chord with us this year, is hearing about the disciples with a sense of disorientation and loss, as they try to make sense of the apparent loss of all their hopes on Good Friday. The locked room in which they are huddled together arguing about their future and what they should do next are places that we are not unfamiliar with at times in our lives. The wonderful and extraordinary Easter message is that standing at the heart of the muddle and uncertainty and the fear in that locked room with the disciples turned in on themselves stood the risen Lord, who tells them not to be afraid and go out into the world with confidence.

As we look ahead, we are reminded of the great Christian themes of new life and new growth. I am particularly looking forward to the Parish Centre being brought to completion and our work together in thinking about how this wonderful new opportunity for service can be best used to build the Kingdom in the centre of Cambridge. We look forward to welcoming the new Bishop of Ely to inaugurate this new aspect of LSM's mission in the world - and it will be good to have Fr Andrew with us for that occasion!

With my thanks for all that you are doing to respond to Christ's presence among us and with my love,  
Fr Mark

# *A Prayer for Holy Week*

*Lord Jesus Christ,  
who didst humble thyself by taking the form of a servant  
and wast obedient even unto the death of the Cross  
for our salvation:  
grant us the mind to follow thee,  
and to proclaim thee as Lord and King,  
to the glory of God the Father*

**AMEN**

## **Calendar and Intentions for APRIL**

*The list of Thanksgivings and Intercessions offers a focus  
for our daily prayer, both at the Offices and Mass,  
and in our personal times of prayer.  
We would be glad of suggestions for additions  
to the list.*

## Calendar for April

Fri. 1st  
Sat. 2nd

SUN. 3rd LENT 4: Refreshment Sunday

Mon. 4th

Tues. 5th

Wed. 6th Lent Group (4) 7.30pm

Thurs. 7th

Fri. 8th

Sat. 9th

SUN. 10th PASSION SUNDAY

Mon. 11th

Tues. 12th

Wed. 13th Healing Ministry 9.45am/10am: Lent Group (5) 7.30pm

Thurs. 14th

Fri. 15th

Sat. 16th

SUN. 17th PALM SUNDAY

Mon. 18th in Holy Week

Tues. 19th in Holy Week

Wed. 20th in Holy Week

Thurs. 21st MAUNDY THURSDAY *see page 2*

Fri. 22nd GOOD FRIDAY *see page 2*

Sat. 23rd HOLY SATURDAY *see page 2*

SUN. 24th EASTER DAY

Mon. 25th in Easter Week Low Mass 10am

Tues. 26th in Easter Week

Wed. 27th in Easter Week

Thurs. 28th in Easter Week

Fri. 29th in Easter Week

Sat. 30th in Easter Week

## Daily Intentions and *Anniversaries* for April

Jimmy's Night Shelter	<i>Arthur Frederick Murrell, Michael Farmer</i>	1st
Ely Cathedral, Mother Church of our Diocese		2nd
The Parish		3rd
Those writing the Parish Profile	<i>Ruth Daniel</i>	4th
The People of Libya and other North African countries		5th
Our Lent Course	<i>David Hand, Bp.</i>	6th
Christian Unity	<i>Elsie Duncan-Jones</i>	7th
Bishop's Lent appeal: Bibles for China		8th
Old St Martin's Worcester		9th
The Parish	<i>Eva Camps</i>	10th
Our Servers and Choirs		11th
Paul and Christine, our Churchwardens		12th
The Church's Healing Ministry: Friends of LSM		13th
Bishop Bill Godfrey and the Diocese of Peru	<i>Patricia Morris</i>	14th
Jerusalem and the Middle East		15th
Sarah Coakley, Holy Week Preacher	<i>Sidney Cade, Pr.</i>	16th
The Parish as we keep Holy Week together	<i>Iris Bushell</i>	17th
Confessors and Spiritual Guides	<i>Lucy Barlow-Poole</i>	18th
Prisoners of Conscience: Amnesty International		19th
Medaille Trust	<i>Philip Pare, Pr., Trevor Huddleston, Bp., Lydia Siddall</i>	20th
Thanksgiving for the new commandment	<i>Angela Waddington, Elizabeth Bagley</i>	21st
Thanksgiving for the Cross		22nd
The Departed	<i>Michael Ramsey, Bp</i>	23rd
Thanksgiving for the Resurrection	<i>Ruth Mott</i>	24th
Community of the Resurrection	<i>Leslie Dunkin, Pr.</i>	25th
Our Home Communicants		26th
Those taking exams this term	<i>Patrick Morris</i>	27th
Peterhouse, patrons of the living of LSM	<i>Richard Love</i>	28th
Friends of Fulbourn Hospital		29th
Emmanuel URC	<i>Alexander Fuller, Frederick Thorling</i>	30th

## **Forthcoming Fundraising Events for the Parish Development Fund**

### **3 April (Mothering Sunday): Plants, Produce & Preserves Stall (after High Mass)**

We will be selling produce and preserves, and also plants of all kinds - including cuttings, seedlings, and freshly cut flowers for Mothering Sunday. All such donations will be very welcome indeed.

### **9 July (Gift Day): Vintage Clothes & Accessories, and Crafts Stall**

Please consider donating any unused clothes and accessories (bags, hats, jewellery, etc.) dating from the 1930s to the 1980s - or earlier! The vintage accessories on last year's Treasures Old & New Stall sold like hot cakes, and contributed a great deal to the day's fundraising. For our Crafts Stall, we are looking for crafts of all kinds: including cards, needlework, knitted goods, and the suchlike.

Easter cards will be available from Mothering Sunday until Easter Day.

During April there will be an LSM Quiz, available from Mothering Sunday @ £1 each. Sections will be on the history of LSM, its activities and people. Have a go and find out more about LSM. Anything you don't know can be found somewhere at LSM, even if it means asking someone. Closing date is 1<sup>st</sup> May and the results will be announced after High Mass on 8<sup>th</sup> May. First prize is a cube radio and there is a mystery prize for the runner up. In the event of a tie, there will be a draw.

For more information, contact either;

Annie Osborne 01223 306868 [amo@cantab.net](mailto:amo@cantab.net)

Jo Wibberley 01223 248728 [jowibs.mu@ntlworld.com](mailto:jowibs.mu@ntlworld.com)

Patricia Boulhosa 01223 305214 [ppb21@cam.ac.uk](mailto:ppb21@cam.ac.uk)

or Christopher Burlinson 01223 305214 [cmb29@cam.ac.uk](mailto:cmb29@cam.ac.uk)

### **Lent in Cambridge and Ramadan in Cape Town**

My visit to my daughter Rachel and her husband Yazeed in August 2010 coincided with the start of Ramadan, the penitential month of fasting which culminates in the 'holy night' when sins are forgiven and miracles performed with the joyous celebrations of Eid. Adults, excepting the frail, sick and elderly and children from the age of 12 upwards fast from sunrise to sunset. The day is punctuated with the call to prayer from upwards of nine mosques, from sunrise to sunset and the final evening prayer.

Ramadan is about community, both the local community and the world wide community. Fasting is a bodily reminder of how so many millions in the world exist without enough food to sustain life. On a neighbourly scale, the tradition evolved in Cape Malay community of ensuring that everyone in the community had enough to eat.

'Our religion instructs us to look after our neighbours; they have greater right over us than our family. In fact, God will question us as to why our neighbours were hungry.'

Therefore just after the sundown call to prayer, I was touched to see small children dashing from house to house bearing plates of freshly-baked delicacies, samosas, half moons and koesisters. The fast is broken when the sunset call to prayer is heard. At Yazeed's family home, everyone converges to break the fast first with a date, and then with a simple bowl of soup. The family then disperses to pray in their rooms, then re-convenes to share a more substantial supper, often curry and rice. Afterwards most members of the family attended the local mosque every night to pray and listen to a range of preachers, including Yazeed's sister Fadlah one night. It is also customary to recite the Koran in Arabic throughout the month of Ramadan.

I was pleased to be asked to help out at the community soup kitchen which Yazeed's mother Mastourah masterminds; fundraising throughout the year, collecting together industrial sized cooking utensils, ordering the ingredients and organising her loyal volunteers.

The recipients are the poor and the destitute as well as poorer members of the local community. Everyone is given enough bean, vegetable and lamb soup to feed a family as well as dates to break the fast and half a loaf of white sliced bread. Mastourah presides over the crowd, who have been queueing since 4.30pm, organising them into groups by means of a microphone. The children, collecting for their families, are the first to receive the food and it was my job to help arrange the plastic containers of soup inside the carrier bags with the bread and the dates. So many small children appeared to be collecting such dangerously hot liquids in an extraordinary range of receptacles. I also helped to divide the loaves of white sliced bread in two, and I had the task of wrapping up the dates, seven to a package

in folded blue kitchen paper. The volunteers have been preparing the food since 10am. Mastourah also organises a day out for the orphans, when they are given parcels of clothes, food and provisions.

When I talked to Yazeed's father, Abdullah, about Ramadan, he gently explained to me the importance of a duty which is indivisible. Duty to God is inseparable from duty to man. I had witnessed as the days of Ramadan progressed love in action, a true sense of community and a profound sense of holiness. I will never forget the sound of the call to prayer from the mosques shaping the rhythm and intention of the day.

This Lent I have attempted to fast from morning to evening. It is proving very difficult and dispiriting, not least because I am doing this in isolation. Therefore we would like to hold a Cape Malay party at my house on the eve of Palm Sunday, the 16<sup>th</sup> of April. All are welcome, and it would be good if people just bring a small offering of food or drink to share. We shall provide some traditional Cape Malay food. If anyone would like to make a donation to the Bo Kaap soup kitchen either by sacrificing their lunch that day, or just putting an offering on the plate by the door, we would be so grateful. The party will begin at sunset and I will provide dates to break the fast. If you intend to come, please let me know either by email ([maryjward@btinternet.com](mailto:maryjward@btinternet.com)), mobile (07704 653143) or phone (01223 369846). My address is 22 Hurst Park Avenue CB4 2AE. *From Mary Ward.*

### ***Parochial Church Council***

Following the Annual Parochial Church Meeting on Monday February 28<sup>th</sup>, the following will be serving on the Parochial Church Council:

- ex officio:*** Paul Huskinson, Christine Tipple (Churchwardens)  
Sheila Bennett, Shirley Dex, Richard Morgan and  
Jo Wibberley (Diocesan Synod)  
Janet Nevitt, Robin Osborne (Deanery Synod)
- elected:*** Rob Francis, Nick Jackson, Richard Martin, Anna Osborne  
Julia Wheatcroft (*until APCM 2012*)  
Daniel Auger, Bob DeWolf, Lucy McKitterick, Chris Nevitt  
Mary Ward (*until APCM 2013*)  
Chris Beecham, Bill de Quick, Ann Gustard, Sally Head,  
Lucy Razzall (*until APCM 2014*)

At the meeting following the APCM, Robin Osborne was elected Lay Vice-Chairman, Sally Head Honorary Secretary and Richard Martin Honorary Treasurer. At the APCM, particular thanks were offered to Julia Wheatcroft for her long and efficient service as Honorary Treasurer.

## SERVICES AT LITTLE ST MARY'S

### Sundays

7.30am *Morning Prayer*                      8.00am *Low Mass (BCP Lections)*  
10.30am *High Mass*                      6.00pm *Solemn Evensong & Benediction*

### Weekday Services

#### Monday

7.15am *Morning Prayer*                      7.45am *Low Mass*                      6.00pm *Evening Prayer*

#### Tuesday

7.15am *Morning Prayer*                      7.45am & 6.30pm *Low Mass*                      6.00pm *Evening Prayer*

#### Wednesday

9.00am *Morning Prayer*                      10.00am *Low Mass*                      6.00pm *Evening Prayer*

#### Thursday

7.15am *Morning Prayer*                      7.45am *Low Mass*                      6.00pm *Evening Prayer*  
*Holy Hour (once a month) in abeyance during the vacancy*

#### Friday

7.15am *Morning Prayer*                      7.45am & 12.30pm *Low Mass*                      6.00pm *Evening Prayer*

#### Saturday

8.00am *Low Mass*                      6.00pm *Evening Prayer*

### Weekday Festivals

7.00pm *Sung Mass*  
*Low Mass as announced*

### The Sacrament of Reconciliation (Confession)

*by arrangement with Fr Mark Bishop or Fr John Hughes*

*Coffee is served in the Church after the 10.30am High Mass on Sundays  
and after the Low Mass on Wednesdays.*

*There is a Charity Lunch, min. £2.50, after the 12.30pm Mass on Fridays,  
supporting both home and overseas charities.*

### LSM Social group/ mailing list

To join: <http://groups.yahoo.com/group/LSMsocial>

Mailing list only: blank email to: [LSMsocial-subscribe@yahoo.com](mailto:LSMsocial-subscribe@yahoo.com)

LSM website: [www.lsm.org.uk](http://www.lsm.org.uk)

Diary and other information to: [diary@lsm.org.uk](mailto:diary@lsm.org.uk)

Deadline for **May** Newsletter: **Wednesday 20<sup>th</sup> April**