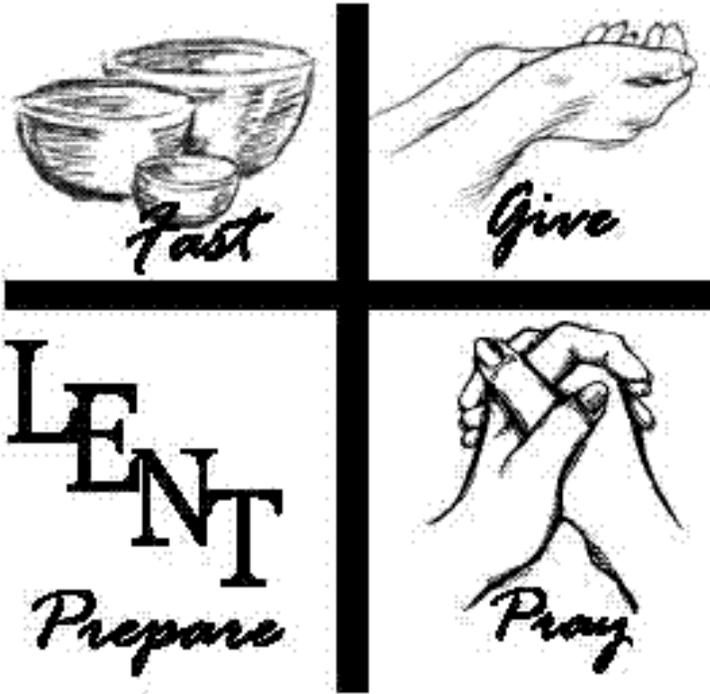


*Little Saint Mary's,
Cambridge*

February 2013: No.
451
Price: 50p

NEWSLETTER



LENT

Deepening our faith, hope and love

Highlights of February

Saturday 2nd February

The Presentation of Christ in the Temple (Candlemas)

10am High Mass & ceremonies

4pm Children's Mass *followed by tea*

Wednesday 13th February

Ash Wednesday - the beginning of Lent

10am & 12.30pm Mass with ashing

7pm High Mass with ashing

Lent Course 2013 - 'This is our Story - Journeys of Faith'

Jointly with Emmanuel United Reformed Church

Every Thursday 12.30pm - 12.50pm at Emmanuel

Each Thursday a short act of worship and reflection on our Christian journey:

Week 1 (Feb 14)

'Rescued through water': Crossing the Red Sea & Jesus' baptism. We explore what it means to be a baptised Christian.

Week 2 (Feb 21)

'Guided by God's law': The Ten Commandments & The law of love. We explore what laws Christians have to keep.

Week 3 (Feb 28)

'Fed by the Bread of Heaven': Wilderness Manna & Jesus the Bread of Life.

We explore what it means for us to share in the Eucharist.

Followed by three more Thursdays in March.

A Lent book to read together:

Abiding by Ben Quash

The Archbishop of Canterbury's 2013 Lent Book.

Copies available at the back of Church for the discounted price of £7

Wednesday 20th February

Healing Mass

9.45 Prayers & 10am Mass with laying-on of hands & anointing

From the Vicar

Lent is upon us quickly this year – indeed Easter is only a few days later than the earliest it can possibly be! So we move briskly from the celebratory forty days of Christmas and Epiphany into the penitential forty days of Lent. How are we keeping this holy season at Little S. Mary's?

The first thing we are doing is having our Lent course at lunchtimes. Several people commented to me that they would have loved to come to the Advent course but couldn't make it in the evenings. Consequently, I'm trying lunchtimes for our 2013 Lent events to see if they will work better. I'm delighted that we are doing them jointly with our friends over the lane at Emmanuel URC, and Lance and his colleagues will lead three of the six sessions and I and others from L.S.M. will lead the other three. They are short, twenty-minute sessions designed to be accessible to those on a busy day with limited time to spare. They were designed by Fr Nicholas Sagovsky, a former Dean of Clare College and Canon of Westminster, and look like being excellent little preparations for our journey to Easter and our journey through life to God's kingdom.

The second thing for those unable to make lunchtimes is a book: Fr Ben Quash (a former Dean of Peterhouse and assistant curate at LSM) has written 'Abiding'. Here's what the book's about:

"Abiding is not a word we have much use for in everyday conversation. Yet this one concept is central to the Christian life. Abiding has the sense of full personal commitment, a quality of solidarity that 'waiting' just cannot convey. It speaks of the centrality of order, consistency and continuity in the Christian tradition, of God's commitment to us and ours to our communities. On the other hand, the kind

of 'abiding' that Jesus calls His followers to is one of relinquishment, openness and change, living a life out of one's own control so as to 'abide' in Him. Drawing on the wisdom and imagery of modern fiction, film and art, as well as examples of key figures in the classical Christian tradition, the book explores the implications that 'abiding' has for our bodies and minds, our relationships and communities, and our spiritual lives."

I've purchased 15 copies, at the bargain price of £7, and do hope you'll buy one and read and pray and grow with it. This is for all of us, but especially those who find quiet reading a more helpful form of spiritual discipline than groups. I'm trying to tempt Fr Ben to come towards the end of Lent and speak about the book and answer our questions. Watch this space...

So those are a couple of ways we might pray, not to mention the fact that Morning Prayer is said daily at 8.20am, Evening Prayer at 6pm and Mass is offered early, mid-morning, lunchtime and evening throughout the week. Taking up a mid-week Mass is an excellent way of making Lent special. Lent also encourages us, however, to prepare for the joy of Easter by fasting and giving alms. There are two ways we can do this:

Every Friday we have a simple lunch of soup, bread, cheese and fruit at 1pm after the 12.30pm Mass. At the lunch we ask for donations, not only to cover the cost of the food but also so we can give to charity. You may not find it possible to come to Friday lunch regularly, but Lent is an excellent chance to come just a few times - say the six Fridays of Lent?

Equally, we have two big projects coming up which are about making the wonder of the Incarnation - God with us - real in the city in which God has set us. You will find

out more about them elsewhere in this newsletter, but in essence we are exploring starting a monthly lunch club for sufferers from mental illness and working with other churches so that next winter those in Cambridge without a home may not go without a bed during the coldest months. These ways of giving – as much of our time and talents as money – begin in Lent but will last well beyond the forty days of the season. Echoing Fr Ben’s book, they will be just two ways in which Christ’s abiding presence in the Mass can be made real in the streets and lives of those around us in Cambridge.

Reflections on the Mass - III

What does Jesus mean when He says ‘do this in remembrance of Me’?

It would seem easy to answer this at first sight: it means we have bread and wine to remember Jesus, as you might look at a photo to remember a dead relative. It is a good and nice thing to do and brings to mind happy memories and is encouraging and inspiring for us.

Yet there are problems with this idea. The first is very simple – why would bread or wine remind us of Jesus? We can sort of see that wine (red wine at least) might make us think of Jesus’ blood, but does bread make us think of Jesus’ body? Not much, probably. Surely, if we want to think about Jesus we’d be better off looking at a crucifix or reading a bit of one of the Gospels?

Secondly, why would Jesus need to say this to His apostles before He dies? Given what they’ve experienced with Him over the last three years, surely it’s unlikely that they will have difficulty remembering Him? Were they likely to

forget? 'I'm sorry, who was that chap who raised Lazarus from the dead?'

No. This cannot be what the Lord means; and indeed it isn't: the opposite of remember is not forget but dismember. For the word we translate as remember is 'anamnesis'. This word means to bring into the present a past event. It was what the Jews did every Passover – in sharing the Passover meal and recounting the events of the first Passover they made present again that first Passover and the fruits and joys and graces of it. So when Jesus says that bread and wine are His body and blood and that they are to do this for the *anamnesis* of Him, He is saying that they are to do this to re-member His death on the Cross, His sacrifice of Himself for love of us. Each time we celebrate the Eucharist we make present again the events of Calvary 2,000 years ago. We don't have a new or fresh Calvary, but rather the once-and-for-ever sacrifice of Jesus on the Cross is made real and present for us now.

'Do this in remembrance of Me', then, means to do these particular acts to make Him present again. 'I will not leave you orphans,' says Jesus to His disciples the night before he dies, and He is true to His word. The Eucharist is not a wake for our late, lamented Lord, nor is an event where we strain to call Him to mind. Rather it is a gift from Jesus whereby He comes to us afresh in His saving victory on the Cross to give us 'remission of our sins and all other benefits of His Passion'.

Cambridge churches: a homeless concern?

Lucy McKitterick writes...

As the Week of Prayer for Christian Unity comes to an end, and the Poverty and Homelessness Action Week begins, the bitterly cold nights are a reminder that in Cambridge today there are many people without shelter and with no immediate hope of finding it.

The number of rough sleepers in the city has been growing rapidly in the last few years and the existing shelter at Jimmy's does not have enough capacity for them: although the city council operates a Cold Weather Provision scheme of emergency accommodation, this operates only when temperatures are forecast to fall below freezing for three consecutive nights. Even when people are able and willing to be referred to it, their suffering on the other nights of the year is terrible to see and as our brothers and sisters in Christ they are the responsibility of us all.



At Little St Mary's we have become increasingly concerned that the existing schemes to help the homeless in Cambridge all demand a fairly high level of engagement and self-organisation, and that there are many people for whom this has become - at this moment in their lives - almost impossible. It is wonderful that Jimmy's, Wintercomfort, the Street Outreach Team and others are working tirelessly to move people on to more stable and self-sufficient lives, but still the numbers on the streets with the basic urgent needs of food and shelter are growing. With this in mind a group of ten of us from LSM have been discussing what our church, and others in Cambridge, might do to help. Would it be possible for us to follow churches in Camden, west London, Southwark, Crewe - and others - in joining together in Cambridge to take a night of the week each during the winter months to offer a hot dinner and shelter for the night to people who have nowhere else to go?

A "pilot scheme" organised by Hope Cambridge is running this February in four churches, on four Tuesday nights, to act as a "Jimmy's overflow" offering accommodation to five guests referred by them and with their
[continued p. 12]



Calendar and Intentions

for

February 2013

*The list of Thanksgivings and Intercessions offers a focus
for our daily prayer, both at the Offices and Mass,
and in our personal times of prayer.*

*The Vicar would be glad of suggestions
for additions to the list of daily intentions.*

Calendar for February

Fri 1st *of the Sacred Heart*
Sat 2nd **The Presentation of Christ in the Temple:** HM
10.00am

SUN 3rd **II before LENT**
Mon 4th *S. Gilbert of Sempringham*
Tue 5th *S. Agatha, Virgin & Martyr*
Wed 6th *The Martyrs of Japan*
Thu 7th
Fri 8th *of Requiem*
Sat 9th *of the BVM*

SUN 10th **Next before LENT (Quinquagesima)**
Mon 11th *S. Radegund, Abbess*
Tue 12th *Shrove Tuesday*
Wed 13th **ASH WEDNESDAY** Mass & ashing at 10am, 12.30pm,
7pm
Thu 14th *SS Cyril, Monk, & Methodius, Bishop, Missionaries*
Fri 15th *Thomas Bray, Priest*
Sat 16th

SUN 17th **LENT I**
Mon 18th
Tue 19th
Wed 20th *Ember Day*
Thu 21st
Fri 22nd *Ember Day*
Sat 23rd *S. Polycarp, Bishop & Martyr; Ember Day*

SUN 24th **LENT II**
Mon 25th
Tue 26th
Wed 27th *George Herbert, Priest*
Thu 28th

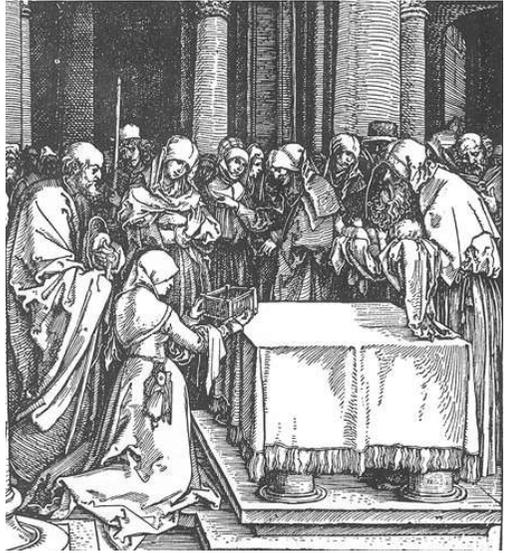
Daily Intentions and Anniversaries of death for February

Increased devotion to the Sacred Heart of Jesus	1 st
Rededication of ourselves in God's service	2 nd
Our Parish & People	3 rd
Ridley Hall	4 th
Christians in Iran	5 th
Anglican Church of Japan	6 th
Jimmy's Nightshelter	7 th
The faithful departed	8 th
The Shrine of Our Lady, Walsingham	9 th
Our Parish & People	<i>Ronald Mourhouse, Bill Thomas</i> 10 th
Wycliffe Hall	11 th
Those who hunger	<i>Margaret Webber, Enid Maycock</i> 12 th
A good keeping of Lent	<i>Alich Nilsson</i> 13 th
The lonely	14 th
Christian education	15 th
School chaplains	16 th
Our Parish & People	17 th
Peace in Jerusalem	18 th
Peterhouse	<i>John Lyon (pr.), Audrey Sparrow</i> 19 th
The work of hospices	<i>Mary Stubbs</i> 20 th
Local charities	21 st
Those involved with LSM Friday Charity Lunch	22 nd
LSM Social Responsibility Committee	<i>Mary Dawson</i> 23 rd
Our Parish & People	24 th
Our Confirmation candidates	25 th
Archbishop of York	<i>Arthur Peck, James Townley</i> 26 th
Parish Priests	27 th
Franciscan Religious Order	28 th

The Presentation of Christ in the Temple

SATURDAY 2ND FEBRUARY

*Almighty and ever-living God,
clothed in majesty, whose
beloved Son
was this day presented in the
Temple,
in substance of our flesh:
grant that we may be presented
to Thee*



*with pure and clean hearts,
by Thy Son Jesus Christ our Lord,
who liveth and reigneth with Thee,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.*

The season of joyful celebration that begins at Christmas continues through the successive Sundays of Epiphany, and the festal cycle ends only with the Feast of the Presentation (Candlemas).

This day marks the completion of forty days since the birth of Jesus, when Mary and Joseph took the child to the Temple in Jerusalem. The requirement in Levitical law was for Mary to be 'cleansed', the completion of her purification following the birth of a male child. Until that day, she could touch no holy thing nor enter the sanctuary. The Law of Israel also required that the first-born son should be brought to the Temple in Jerusalem and symbolically dedicated to God, in grateful response for the gift of a child. Mary and Joseph fulfilled these requirements.

Yet on seeing the holy family, Simeon praised God and acclaimed the infant as 'the light to enlighten the nations' and the prophet Anna gave thanks and proclaimed him her Redeemer. So today is the last day of the season of Epiphany, the revealing of who this child born at Christmas is.

The image of Christ as the Light in the darkness has led to this celebration always involving candles and over the centuries coming to be known as the Candle Mass from which we get Candlemas.

support. The organisers are keen to expand the project in the future once the first step of providing accommodation has been made, and to look towards greater independence and operating on a self-referral basis so that guests would not need to go through an initial procedure elsewhere. With this in mind we are inviting representatives from as many local churches (of every denomination) as possible to come to Little St Mary's at 7.30pm on Tuesday March 12th for an initial meeting. We have been greatly encouraged that the Rev'd Dr Brian Leathard, Rector of St Luke's and Christ Church, Chelsea and chairman of the West London Churches Homeless Concern, together with Steven Platts, their senior manager, will be with us to talk about setting up their very successful homeless project in London and (most importantly) share their experience of the problems they encounter and possible resolutions. Amanda Gardner, co-ordinator of the Hope Cambridge scheme, will also be with us to join in the questions and discussion and we hope to gather enough interest and encouragement from the evening to start thinking about a similar project in Cambridge.

The evening is intended both for representatives from other churches and for our own congregation and we do encourage you to come along and hear what our speakers have to say. There will be refreshments too! This is also a wonderful opportunity to engage in building Christian unity on a practical level and in an outward expression of our faith. Meanwhile please keep the homeless and all who seek to help them in your prayers. Cambridge is greatly blessed in having so many churches in a relatively small area and from this we can seek a unity of service, a shared compassion, and the grace to see on the streets of our city the face of Jesus Christ.

That date and time again:
Tuesday 12th March, 7.30pm.
All welcome.

Then shall the righteous answer Him, saying, 'Lord, when saw we Thee an hungered, and fed Thee? Or thirsty, and gave Thee drink? When saw we Thee a stranger, and took Thee in? Or naked, and clothed Thee? Or when saw we Thee sick, or in prison, and came unto Thee?' And the King shall answer and say unto them, 'Verily I say unto you, inasmuch as ye have done it unto one of the least of these My brethren, ye have done it unto Me.'

Matthew 25:37-40

Might you join a Lunch Club at LSM?

Tim Wheatley writes...

You may know that proposals are at an advanced stage to establish a lunch club for the mentally ill, their carers, and others who want to come along. The idea is that we develop on the basis of the existing Forum Lunch Club run at St James' Church, Wulfstan Way by the Friends of Fulbourn Hospital.

The Forum Lunch Club was set up 18 years ago, when it was felt that there was a need for older people, particularly academics and professionals, with mental health problems to meet once a month for lunch in a friendly and welcoming environment. It was considered very important that there should be no 'labelling' as such and that this lunch club was an excellent way to combat the very real danger of social isolation. The Forum Lunch Club is entirely run by volunteers, and is funded by the Friends of Fulbourn Hospital.

The lunch is served on the last Wednesday of every month and invitations are sent out with information including the guest speaker and entertainment.

The team meets a week before to plan the menu and all the food is cooked at home before being brought to the premises. On the day of the meal itself, the team has several different jobs: welcoming the guests, collecting the money (£5 per person), sitting at each table helping serve the food and clearing up. The scheme, at least initially, would be run as an activity of the Friends of Fulbourn Hospital using LSM volunteers and staff to take advantages of existing expertise and insurance cover.

There are already links between LSM and the Friends of Fulbourn Hospital: Clive Brown and Tim Wheatley are

long-standing members of the Friends' Management Committee and Fr Greany, before he left, was the diocesan representative on the Committee. "The Friends" are remembered regularly in Intercessions here and we raise money at Friday Charity Lunches for them.

The Social Responsibility Group (SRG) is enthusiastic about this proposal, which furthers our mission in a way which makes good use of the new Parish Centre. **We shall need volunteer cooks, servers and simply people to be around and make members of the Forum feel welcome. Do contact Mary Ward (maryjward@btinternet.com) or any member of the SRG if you think you could help or would like to know more.**

Little S. Mary's Mission Work

There are various places and projects that appear regularly in prayers in church, which we might be aware of without ever knowing who they are or why we support them. So each month we're giving you information about them so that our prayers can be a bit more informed. This month:

CamRead

CamRead used to provide home visits to visually-impaired people to give help with reading and writing; audio recordings of books of local interest, and an audio magazine called CamMag, produced especially for visually-impaired listeners. Owing to cuts in funding, however, it closed on 31st December 2012.

Happily, however, the visiting continues through the charity CamSight, and the audio magazine started by CamRead has found a new home with the charity Cambridge Talking News, which means that CamMag, compiled and recorded

by its own volunteers, will continue to go out to listeners in Cambridge and beyond. So what does CamSight do?

Living with sight loss

They offer practical and emotional support in people's homes and communities. They provide monthly social groups in rural areas; equipment and technology centres offering demonstrations and advice; training in mobility and daily living skills and sport and leisure activities. They work with their partners to provide practical and emotional support to deaf people.

Volunteering

Volunteers support all areas of our work and help people by reading, befriending, driving and taking up activities together. They value their volunteers and provide training, support and social events.

Training

Their training increases understanding of the needs of blind and partially-sighted people and the reality of living with sight loss. Visual awareness training is devised to meet individual needs.

Next month: Northern Ireland Children's Holiday Scheme

People for our prayers

We've been sad to lose **Daphne Peck** and **(Kathleen) Ray Holland** in the last month. Daphne and Dennis Peck (Dennis died almost exactly two years ago) first came to LSM under Fr Hankey and Dennis was a server for many years. After a time away they returned under Fr Greany and attended both Evensong and Benediction and mid-week Sung Festivals. Finally, they became stalwarts of the Sunday 8am Mass, only prevented from coming in the last few years by old age, but visited at the Manor Nursing Home regularly. An immensely courteous and gentle couple, with interests in theatre, musicals and cruises, theirs was a loving and devoted marriage of over 60 years. Daphne's funeral was at the Good Shepherd in Arbury so that her frail sister-in-law, who lives opposite the church, could attend. LSM was represented by Bill de Quick and Fr Robert preached and assisted at the service.

At the time of writing this newsletter, the Funeral Mass of Ray Holland (a long-serving member of LSM's congregation) has yet to take place and we commend both her and Daphne to God's mercy and peace.

Also at the time of writing this newsletter, **Peter Barnard** was in the last throes of his earthly life. Having been at home (but bedridden) until before Christmas, illness saw him taken into Addenbrooke's in December, and while he recovered from the immediate illness he declined further and on Friday 25th January Fr Robert gave him the Last Rites. We pray for a peaceful death for him.

Jesu mercy, Mary pray

Your prayers are especially asked for **Percy Hayes**, a young boy in our congregation, who is seriously ill in Addenbrooke's Hospital. Do please also pray for his parents Thomas and Helen and his brothers Arthur and Tristan and sister Clementine, all of whom are having to cope with the worry and extra work. Let us ask the Lord to give them strength, to guide the doctors and nurses at the hospital and to give Percy his joy and his healing.

May Our Lady, S. Peter and all the saints pray for them

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SERVICES AT LITTLE SAINT MARY'S

Sundays

7.30am *Morning Prayer* **8.00am** *Low Mass*
10.30am *High Mass* **6.00pm** *Solemn Evensong & Benediction*

Weekdays

	Low Mass	Morning Prayer	Evening Prayer
Monday	12.30pm	8.20am	6.00pm
Tuesday	7.45am	8.20am	6.00pm
Wednesday	10am & 7pm	8.20am	6.00pm
Thursday	7.45am	8.20am	6.00pm
Friday	12.30pm	8.20am	6.00pm
Saturday	10am	<i>Said privately</i>	6.00pm

Weekday Festivals

7pm *Sung Mass* (10am on Saturdays)

The Sacrament of Reconciliation (Confession)

Saturdays at 10.30am & 6.30pm, after most Masses or by appointment

Coffee is served in the Parish Centre after the High Mass on Sundays and after the 10am Mass on Wednesdays.

There is a **Charity Lunch** after the 12.30pm Mass on Fridays supporting home and overseas charities.

Join '**Little St Mary's Church, Cambridge**' on **Facebook**

Follow **@littlestmary** on **Twitter**

Join the LSM mailing list: send a blank email to
LSMsocial-subscribe@yahoogroups.com

Little S. Mary's, Trumpington Street, Cambridge, CB2 1QG.

Open daily for prayer and visiting, 7.30am to 6.30pm

www.lsm.org.uk