

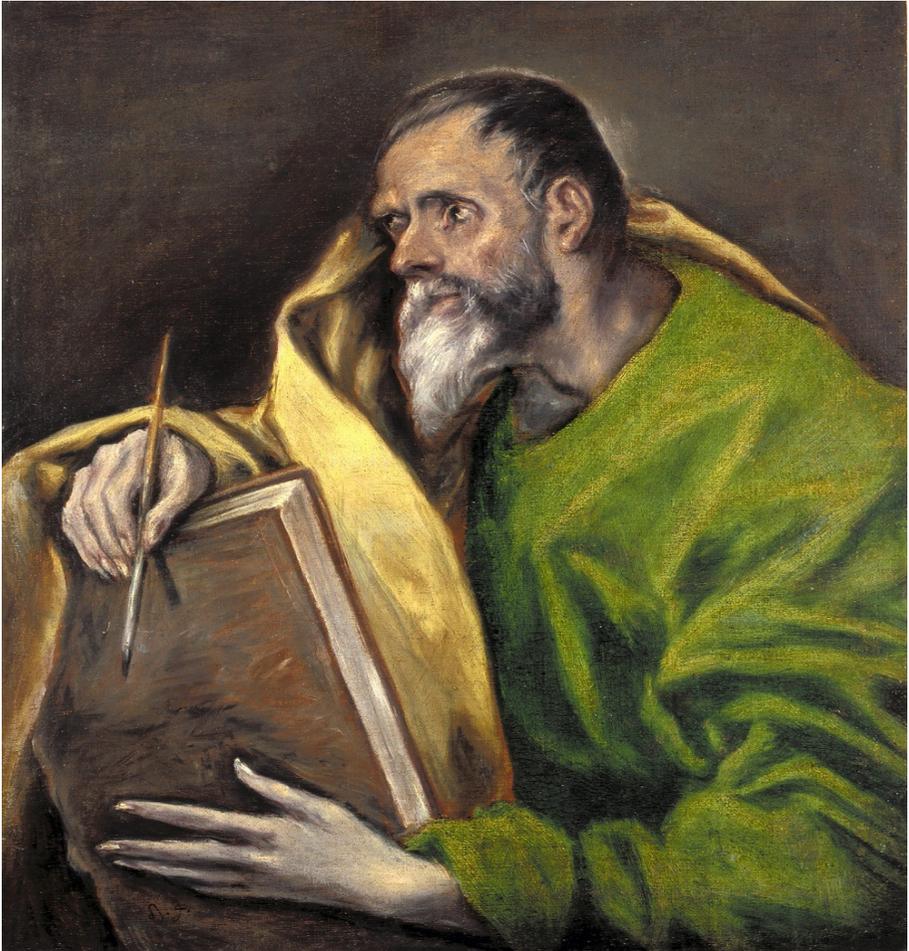
**Little Saint Mary's
Cambridge**

October 2013

No. 459

NEWSLETTER

T



This month we have: news of our homeless project, Bishop Woodford House's anniversary, Bishop Bill Godfrey, a trip to Jimmy's Cambridge and a report on the Ride & Stride; plus prayers, reflections and anniversaries for the month.

Highlights of October

Wednesday 2nd October

First Wednesday Fellowship Group *after the 10am Mass*

Scott McCombe talks about the Oxford Movement in Scotland. All welcome!

Wednesday 9th October

Healing Mass with laying-on of hands and anointing with the oil of the sick

10am, *preceded by silent prayer for healing at 9:45am.*

Sunday 13th October

Twentieth Sunday after Trinity

Preacher at the 10:30am High Mass:

The Rev'd Ellen Wakeham, Chaplain, S. Gabriel's College, Kennington

Friday 18th October

S. Luke the Evangelist

7pm Sung Mass

Monday 28th October

Ss Simon & Jude, Apostles

7pm Sung Mass

The Vicar is preaching at **All Saints', Margaret Street, W1** for the Eve of All Saints' Day on Thursday 31st October at 6:30pm. Visitors are welcome!

Advance notice:

All Saints' Day, Friday 1st November: 12:30pm Low Mass
7pm High Mass

All Souls' Day, Saturday 2nd November:
Masses of Requiem at 10am, 12.:0pm and 7pm (High)

From the Vicar

29th September 2013

Dear Brothers & Sisters,

The picture by El Greco on the front cover of this newsletter shows Saint Luke not only with the gospel he wrote but also holding a paintbrush, pointing to his reputation as an artist and as the first icon-writer. His Festival is the 18th of this month and we will honour him and give glory to God with a Sung Mass at 7pm that Friday.

S. Luke is not just the author of the Gospel that stands in his name and the Acts of the Apostles, however; nor is he just reputedly the first creator of icons: he was also a doctor, a physician. The Gospel is sometimes described as medicine for the soul, and the word for salvation has a common root with the word for health – and we speak, don't we, of something being a 'salve' to our consciences? For some centuries Christianity, influenced by a certain western legalism, has too often been thought of as a law to obey, and Jesus Christ as the person punished for our sins in place of us. Now, Christianity certainly involves disciplines, and Our Lord undoubtedly took upon Himself the consequences of our sin, but while in some ages an idea of law and punishment may have been a helpful way of comprehending the Faith, it is much less so today. Not many of us think in terms such as guilt, for example.

Celebrating S. Luke reminds us that there are additional – and just as ancient – ways of understanding Christianity. One profound way of reflecting on our Faith is as a medicine for our healing. The Church Fathers of the first centuries would speak of Holy Communion as 'the medicine of immortality' and our regular encounters with physical and mental illness should mean that we relate to the idea of spiritual illness quite readily. Sins are the symptoms of a basic illness that is separation from God, our life-force and ground of our being. Just as not eating makes us physically sick so not partaking of God's life makes us religiously sick too.

More generally, we are conscious of our brokenness, of our need for a wholeness and healing that we cannot generate ourselves. Prayer and sharing in the sacramental life is all about the healing of our broken selves. Making a sacramental confession, for example, is as much about bringing our symptoms before a priest, who – by God's grace – is

a spiritual doctor, and asking for advice and wisdom as it is about saying sorry to God (hopefully we do that in our prayers on daily basis).

Every Mass is a healing Mass in the sense that in confessing our sins, being attentive to the scriptures, sacramentally offering the sacrifice of Calvary and receiving Holy Communion, we share more and more in Jesus' healing work. Yet Jesus has also given us a particular sacrament to use with those who are ill – the Sacrament of Anointing. Consequently, each month, at 10am on the second Wednesday, we have a Mass for healing, when as well as all that usually comprises the Eucharist, we offer the laying-on of hands and anointing with the oil blessed for use with the sick. If you weren't aware of it or haven't had a chance to attend yet then I encourage you to come. It is a quiet and beautiful time of grace and Jesus the Healer is especially present.

It's rather fitting that S. Luke should also be an artist, for God's work of healing is so often an artistic one: in reconnecting people with one another, with Himself or with themselves, the Lord is astonishingly imaginative! I remember one wise priest saying to me that the first thing God will do in heaven is show us the ways He answered prayers that we thought He'd ignored, because He did something far more creative than we had been willing to look out for. Often He makes us, in Henri Nouwen's phrase, wounded healers, taking – as He did on the Cross – the very source of our pain and suffering and using it as a source of new life. This artistry, like all great art, is not easy and using our vale of misery for a well (Psalm 84.6) means that pain is often transfigured, not abolished. Glib identifications of holiness with healthiness not only don't reflect our experience but also airbrush out the countless saints who have been far from 'normal' yet have brought God's healing to an astonishing number and range of people. Holiness brings openness to God and a profound integration, but it can't just be summarised as 'well-being'.

So may S. Luke – evangelist, doctor and artist – pray for us, that we may know the healing of the Gospel and share its beauty with others.

*With my love and prayers, I am
Yours in Christ,*

Fr Robert

Cambridge Churches Homeless Project

begins next month

From 4th November a rota of churches will offer a hot meal and overnight accommodation to up to ten homeless guests who would otherwise sleep on the street. The project is in its first year and is a wonderfully exciting initiative from churches across Cambridge. LSM will be hosting the project on Tuesday evenings and here is how you can help:

Volunteering: we need people either during the evening (7-10pm) to cook dinner, serve and talk with our guests; or overnight (until 7.:0am, sleeping in shifts). All volunteers will need to come to one of two training evenings, either on Monday 21st October 7:30pm at Emmanuel URC or Tuesday 22nd October 7:30pm at LSM; there will be a free supper, a chance to meet volunteers from other churches, and a talk from Barrie Woodman of the Cambridge Street Pastors with (almost) everything you'll need to know. If you can offer some time this winter, please let us know as soon as possible (email to Lucy McKitterick l.r.mckitterick.01@cantab.net or Matthew Renshaw mpr34@cam.ac.uk) and come to one of the training evenings to hear more.

Donations: the LSM coffee fund is donating its surplus cash (anything not spent on refreshments after services or essential kitchen equipment) to provide the evening meal for our guests, and is the only source of funding set aside for this purpose. Please give generously of your spare change; you will find our collecting bowl in the Parish Centre whenever there is coffee (or drinks!) after Mass. We are also collecting board games, chess sets and cards in good clean condition for the entertainment of our guests and volunteers: please leave in a labelled parcel in the Parish Centre or give them to us or a Churchwarden, any time this month.

Prayer: the first purpose of the project is to shelter our homeless friends in need, but it is also a wonderful way for churches across Cambridge, from many denominations, to meet and work together in a way many of us may not have had the chance to do before. By keeping us in your prayers you are also part of our work and are a great encouragement to all of us this winter as we offer our time and best efforts to the project in service of Christ as a sacrifice of love for His people.

Thank you to everyone for all their help so far!

Bishop Woodford House



Bishop Woodford House, our purpose-built Diocesan retreat and conference centre, opened in 1973 in the garden of the former Ely Theological College. An oasis of peace and tranquillity, with the chapel at the heart of the House, it is a simple building dating back to Victorian days which was originally sited elsewhere in the city but carefully dismantled and moved to its current site.

This year the House is celebrating its 40th anniversary and there is an appeal to raise funds to upgrade the facilities. It can accommodate up to 31 guests, but only a few rooms currently have *en suite* facilities. It has an excellent reputation for traditional family cooking, using as many fresh ingredients as possible, some coming from their kitchen garden where vegetables and fresh herbs are grown organically throughout the summer. Nonetheless there is still a need to improve the kitchen facilities as well.

Bishop Woodford House is an excellent and envied resource for our diocese, which many readers may have experienced (the Vicar led a quiet evening there for the Guild of Servants of the Sanctuary recently). There is currently an Anniversary Raffle which will be drawn on 20th November. Tickets (at £1) are available from Christine Tipple or Scott McCombe, and prizes include an anniversary Liberty print quilt for a double bed, a garden-lover's hamper and a bottle of quality champagne.

In case you're interested, James Woodford was Bishop of Ely 1873-1885, and established the diocesan seminary there, Ely Theological College. A priest in the catholic tradition of the Church of England, he defended Anglo-catholic clergy from criticism, was a noted preacher, a chaplain to Bishop Samuel Wilberforce and the Queen before becoming Bishop of Ely in 1873.

Soon after his arrival Woodford started a general diocesan fund for the increase of church accommodation and the assistance of poor parishes and incumbents. He was very active in the work of church restoration, and he reconstructed the cathedral school at Ely. He established Ely Theological College, to train priests, the site of which is now the retreat and conference centre that bears his name.



Calendar and Intentions
for
October 2013

The list of Thanksgivings and Intercessions offers a focus for our daily prayer, both at the Offices and Mass, and in our personal times of prayer.

The Vicar would be glad of suggestions for additions to the list of daily intentions.

Calendar for October

(LM = Low Mass, SM = Sung Mass, BVM = Blessed Virgin Mary)

Tue. 1st *S. Remigius, Bishop & Missionary*
Wed. 2nd Holy Guardian Angels
Thu. 3rd
Fri. 4th *S. Francis of Assisi, Deacon & Religious*
Sat. 5th *of the BVM*

SUN. 6th XIX SUNDAY after TRINITY

Mon. 7th
Tue. 8th
Wed. 9th *S. Denys, Bishop & Companions, Martyrs*
Thu. 10th *S. Paulinus, Bishop & Missionary*
Fri. 11th *S. Ethelburga, Abbess*
Sat. 12th *S. Wilfred of Ripon, Bishop & Missionary*

SUN. 13th XX SUNDAY after TRINITY

Mon. 14th
Tue. 15th *S. Teresa of Avila, Religious & Doctor*
Wed. 16th *Nicholas Ridley & Hugh Latimer, Bishops & Martyrs*
Thu. 17th *S. Ignatius of Antioch, Bishop & Martyr*
Fri. 18th **S. Luke, Evangelist: LM 12:30pm; SM 7pm**
Sat. 19th *Henry Martyn, Missionary*

SUN. 20th XXI SUNDAY after TRINITY

Mon. 21st
Tue. 22nd
Wed. 23rd *of Requiem*
Thu. 24th
Fri. 25th *Ss Crispin & Crispinian, Martyrs*
Sat. 26th *S. Alfred the Great, King*

SUN. 27th XXII SUNDAY after TRINITY

Mon. 28th Ss Simon & Jude, Apostles: LM 12:30pm: SM 7pm
Tue. 29th *James Hannington, Bishop & Martyr*
Wed. 30th
Thu. 31st

Daily Intentions and Anniversaries of death for October

The Church in France	<i>David Walser, Pr., Lester Vellanoweth, Audrey Gulland</i>	1 st
Increased devotion to the Angels		2 nd
New Students		3 rd
Pope Francis	<i>Magda Phillips</i>	4 th
Increased devotion to the Blessed Virgin Mary	<i>John Wade</i>	5 th
Our Parish & People	<i>Elizabeth Knight</i>	6 th
Peterhouse	<i>Irina Findlow, Peter le Huray, Derek Hulyer</i>	7 th
Cambridge Homelessness Project		8 th
Those who exercise the Ministry of Deliverance		9 th
All Cathedrals		10 th
Bishop of London		11 th
Archbishop of York	<i>Geraldine Adams</i>	12 th
Our Parish & People		13 th
S. Martin's, Cambridge	<i>Eric Horne</i>	14 th
For those who do not have the Faith	<i>Isabel Furley</i>	15 th
Ridley Hall		16 th
All Bishops	<i>Bertie Clough</i>	17 th
The medical profession	<i>Frederick Linsey</i>	18 th
S. John's College, Cambridge		19 th
Our Parish & People	<i>Percy Poulter, Alice Royston</i>	20 th
The Police	<i>Norman Cruttwell, Pr.</i>	21 st
Increased vocations to the priesthood	<i>Winifred Staples, Jennifer Moseley</i>	22 nd
The Faithful Departed	<i>Frederick Waring</i>	23 rd
The Church Union	<i>Meredith Dewey, Pr., Robert Wolverson</i>	
<i>Freddie Webber, Patricia Nutbrown</i>		24 th
Manufacturing industry		25 th
The Royal Family		26 th
Our Parish & People	<i>Margot Fynes-Clinton, Michael Jackson, Pr.</i>	27 th
The Samaritans	<i>Patricia Chopourian</i>	28 th
Church Missionary Society	<i>Beatrice Bicheno</i>	29 th
Beekeepers	<i>Edith Lock</i>	30 th
Grace to overcome evil	<i>Richard Crowden, Charles Holland</i>	31 st

Saints Simon & Jude, apostles

28th October

*Almighty God,
who didst build Thy Church upon the foundation of the apostles and
prophets,
with Jesus Christ Himself as the chief corner-stone:
so join us together in unity of spirit by their doctrine,
that we may be made a holy temple acceptable to Thee;
through Jesus Christ Thy Son our Lord, who liveth and reigneth with
Thee,
in the unity of the Holy Spirit, one God, now and for ever. Amen.*

Sts Simon and Jude were named among the twelve apostles in the Gospels of Matthew, Mark and Luke. Simon is called 'the Zealot', probably because he belonged to a nationalist resistance movement opposing the Roman occupation forces. There is no indication in the Gospels whether Simon moved from the Zealot party to be a follower of Christ or, on the other hand, if after the resurrection he became a supporter of that group, seeing it as a response to God's call to proclaim the kingdom.

Luke describes St. Jude as the son of James, while the Letter of Jude has him as the brother of James, neither of which negates the other. It seems he is the same person as Thaddæus, which may have been a last name. Owing to the similarity of his name to that of Judas Iscariot, Jude was rarely invoked in prayer, and it seems likely that because of this, asking for his prayers was seen as a final resort when all else failed. He became known, therefore, as the patron saint of lost causes.

The two apostles are joined together on this day because a church, which had recently acquired their relics, was dedicated to their memory in Rome in the seventh century.

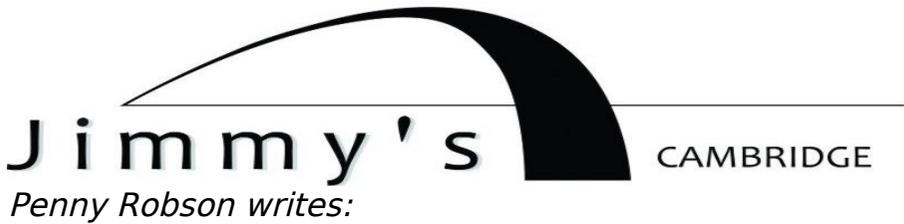


We plough the fields and scatter the good seed on the land...



Well, we don't but Irene and Chris Beecham do, and very generously provided the fruits of their labours at their allotment for sale at our Harvest Festival Sunday in support of Jimmy's and the Cambridge Foodbank. The stall raised a splendid £109.70. 'Thank you to all who visited the stall; we hope you enjoyed everything.' writes Irene 'Our next stall will be in aid of Fr David Dinkebogile's visit from S. Cyprian's Sharpeville.'

On the subject of Jimmy's...



Have you ever wondered on whose plate your can of baked beans will end up or how anyone could ever get through a mountain of pasta? Now is your opportunity – or rather Saturday 16th November will be your chance to observe first-hand the work of Jimmy's. The 'new' Jimmy's has now been open for a year, and this will be an excellent opportunity to see the expanded facilities and hear about the services they offer.

We plan to set off after the 10am Mass and walk over to Zion Baptist Church, just beyond Parker's Piece, where Jimmy's is located. Henry Brown, the Administrator, will welcome us and show us around.

There will be a list at the back of the church for signing up, and I hope many of you will want to join in what promises to be an interesting visit. There will be a limit of 18, but if there is sufficient interest, we can plan another trip at a later date. Please indicate if you would rather not walk, and we will try to arrange transportation.

Little S. Mary's Mission Work

Chris and Irene Beecham write:

There are various places and projects that we pray for regularly in church that are supported by LSM. This section will provide you with some information about these places and groups, so that our prayers can focus on the help and support they require. This month we reflect on:

Peru, Bishop Bill Godfrey, USPG and Us



Bishop Bill and Judith Godfrey have been based in South America for over 25 years: first in Uruguay, then, since 1998, in Peru. Bishop Bill is the Bishop of the Anglican Diocese of Peru. Besides a commitment to teaching the word of God and social outreach, he is strongly committed to equipping clergy and lay ministers (establishing seminaries in both Lima and Arequipa) in order to reach the isolated parts of Peru. He has extensive experience in church planting, has founded seminaries for ministerial training, and developed many social outreach programs and several day schools.

Bishop Bill has been in our prayers recently as he has been struggling with constant infection following an operation six years ago. His condition deteriorated during the operation in 2007 and he was critically ill for some time. In July 2013 he travelled to Connecticut, USA to have further investigations regarding this persistent infection. After

14 hours in the hospital and an operation which lasted eight hours, the root cause of the infection was discovered. For the last six years Bishop Bill had a loop of totally disconnected bowel left inside his stomach cavity. The piece of intestine causing the problem was not actually attached to anything but locked into the scar tissue left from previous operations. This was successfully removed and after treatment for a wound infection following his operation he is making a good recovery. He is steadily making his way back to Peru with a few detours visiting family and friends. Bishop Bill and his wife Judith know they are in our prayers, and we ask that you continue to pray for them. We are proud to support the work of Bishop Bill and Judith as one of our main LSM Global projects.

USPG and Us



This is a rather misleading subtitle, as the charity formerly known as USPG last year changed its name to “Us”. It was felt USPG was inappropriate now, and was not connecting with people in the 21st century, and so, as they say on their website: “We are all part of 'us', regardless of faith, ethnicity, gender or sexuality. We are all made in God’s creative image. There is room for us all.”

We were introduced to Bishop Bill Godfrey through USPG but Us now have a smaller project portfolio, concentrating on 14 countries around the world. Peru is not one of those countries, so we will now support Bishop Bill directly. We will continue to support the work of Us on occasion, however, through collection boxes and special events.

Looking for a night out in November?

On **Saturday 9th** there will be another *Words and Music* event in the church, with poetry, prose and song appropriate for the end of the year, and followed, of course, by refreshments in the Parish Centre. Please do note it in your diary. Tickets and further details will be available in October.

On **Friday 29th** Emerald O'Hanrahan returns to LSM with her *Jane Austen at Home*. This was a huge success when she gave her first performance with us in May. This time maximum audience numbers will be 45. We can guarantee quality of performance, good company, food and drink afterwards. Emerald has performed with us in several Words and Music events. She is an award-winning young actress, originally from Cambridge, and is currently the voice of Emma Grundy in Radio 4's *The Archers* (her Jane Austen is very different from her Emma Grundy!) Further details and tickets available from the beginning of November.

Report from RIDE & STRIDE on 14th September

Thank you to everyone who supported the three cyclists Bob DeWolf, Mary Ward and Jo Wibberley. They hope to have raised about £600 to be shared between LSM and the Cambridgeshire Historic Churches Trust.

Jo writes: Anthony [Jo's husband] had worked out a route around King's Lynn, so I managed a quick six Cambridge churches in the drizzle *en route* to the station. When we reached King's Lynn the rain had stopped and we started in the town centre with a great contrast in buildings and some surprises: The 15th-century chapel of Our Lady of the Mount, built for pilgrims disembarking at Lynn *en*

route to Walsingham; a Holy House of Our Lady of Walsingham in the Roman Catholic Church; an anchorhold used by many anchorites from at least the 13th century in All Saints' Church, where there was also a medieval rood screen on display; the Minster with its elaborately carved reredos; S. Nicholas' Chapel, now maintained by the Churches Conservation Trust. We had our packed lunch by the river and as we had watched the small ferry chugging across we decided to take it to get to West Lynn in Ely Diocese to visit the church and chapel and the church at Clenchwarton. It had just departed when we arrived, but a whistle by one of the passengers who had just disembarked brought it back again. I was a bit cautious carrying the bike down the steps in case I slipped and fell into the river, but I was soon helped by a willing man - not only then but at the other side and on the return journey, which I found most heart-warming. North of King's Lynn and some outlying villages we saw the plainness of the chapels, the surprising medieval font in the modernised South Wootton church and the Norman architecture at Castle Rising. It was a bit too far to have tea at Sandringham, but a detour to a group of villages westwards was a really beautiful ride in late afternoon sunshine even though it meant tackling some hills before returning to King's Lynn and registering the 30th place of worship on my form. The final glory was seeing the sun set just as the train was approaching Ely. Sadly, not all the churches were open and some were unattended, but at others we received a warm welcome.

