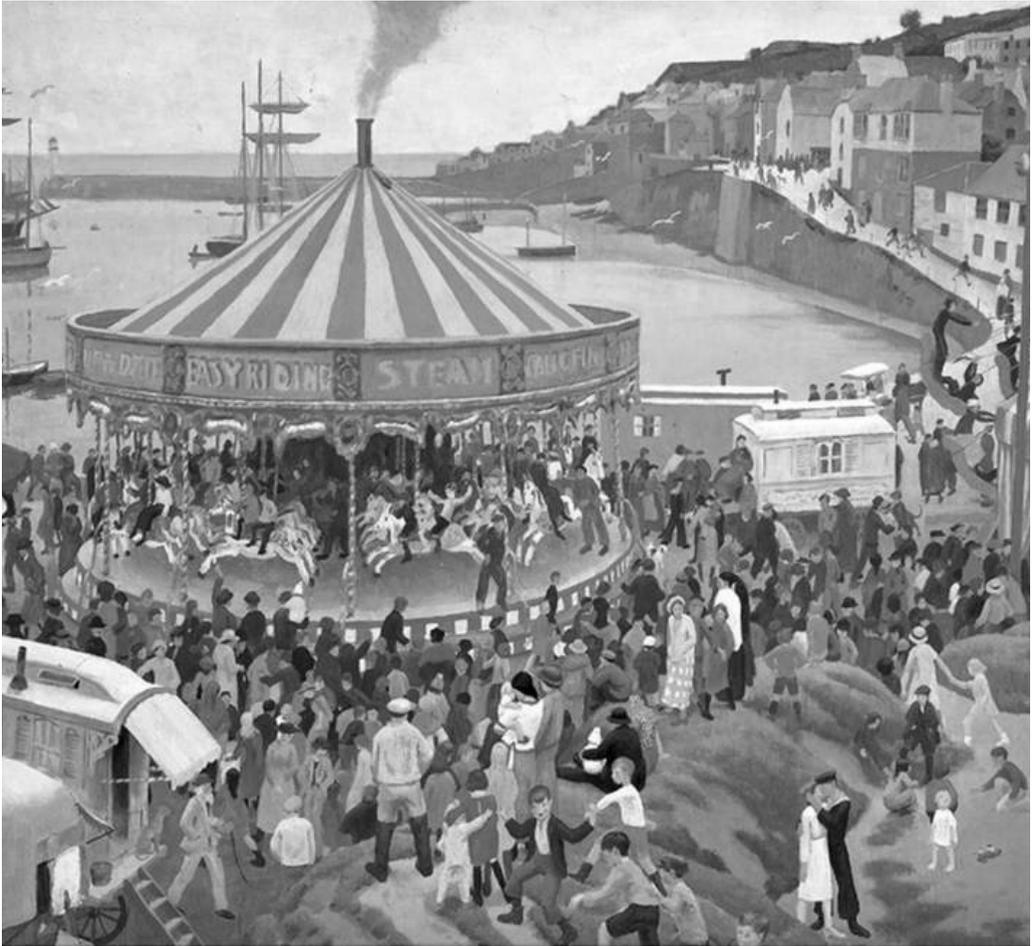


Little Saint Mary's, Cambridge
NEWSLETTER

July 2016: No. 492



This month we have an update on Whitworth House, opportunities for volunteering, a letter from the new pastoral assistant and the usual Vicar's letter, calendar and events.

The image above is 'All the fun of the Fayre' by Ernest Procter (1886-1935) – a little reminder not to forget our Summer Fayre on Saturday 9th July!

Highlights of July

Sunday 3rd July

Sixth Sunday after Trinity

Preacher at 10:30am Mass: Fr Jeremy Caddick, Dean of Emmanuel College.

Tuesday 5th July

Richard Stanton's First Mass

7:30pm at S. Mary's, Attleborough.

Saturday 9th July

Parish Summer Festival

11am onwards including stalls, live music, coffees, lunches and cream teas and a concert from our choir. A day not to be missed!

Sunday 10th July

Choral Evensong & Benediction

6pm to complete the weekend of our Summer Festival and Gift Day

Wednesday 13th July

Monthly Healing Mass

10am including the laying on of hands and anointing with oil.

Please note that from now on the Healing Mass will always be on the second Wednesday

Friday 15th July

Eve of the Feast of Our Lady of Mount Carmel

7pm Sung Mass for the Society of Mary's Patronal Festival with music from the Wren Choir. Preacher: The Very Rev'd Mark Bonney, Dean of Ely.

Friday 22nd July

Feast of S. Mary Magdalene

Low Mass 12:30pm, Sung Mass 7pm.

Saturday 23rd July

Day Pilgrimage to the Shrine of Our Lady of Walsingham

Depart LSM 9am. Please sign the sheet at the back of church if you are interested.

Monday 25th July

Feast of S. James, apostle

Low Mass 12:30pm, Sung Mass 7pm.

From the Vicar

Birth of S. John the Baptist, 2016

Dear Brothers and Sisters,

You will be pleased to know that this letter will not pile on the agony (or the ecstasy) of the EU referendum result. You can turn to social media for that! I do, however, want to reflect on what it means for us as Christians. The European Union is not a Christian organisation and I am sure one can be a loyal Christian and be in favour of being part of it or not being part of it with a clear conscience.

Hospitality, however, is a Christian necessity and a nation that seeks only to care for its own is not worthy of the name Christian. It should be our prayer and labour over the coming years, as the practical and legal consequences of the vote become clearer, that Britain does not cease to shelter those fleeing warfare and persecution, for example. Charity certainly begins at home but it is not charity if that is where it also ends.

Many of those who voted to leave the EU did so because immigration in recent years has changed their local communities in ways they do not like. From a Christian perspective, however, is it unreasonable to suggest that one of the reasons so many communities find it hard to cope with immigration (leaving aside entirely reasonable concerns about pressure on schools, housing etc.) is that people have so little sense of who they are? This referendum has come at the same time as a survey which said that less than half the nation now regarded itself as Christian. If it does not have the practice and values of the Christian faith in which to be anchored, what does it have? Shopping, celebrity and pornography seem a shallow alternative trinity... The intrinsic and equal dignity of every person, and the duty of care for the stranger are not naturally obvious things but come from Christianity and without Christian faith and worship will, in time, fade away. Perhaps we are already seeing that? Even more, the radical relativising of the goods of this world by the vision of the world to come, combined with confidence in who we are and why we are here, should make us less fearful of difference and other cultures. Without them we are – in every sense – ‘tossed to and fro, and carried about with every wind of doctrine, by the sleight of men, and cunning craftiness’ as Saint Paul says

to the Ephesians. The arrival of new people who are highly religious or just speak a different language draws a contrast with our own culture. It makes us self-conscious and suddenly aware of how thin our own culture is. No wonder such new arrivals are found to be threatening.

No communities deal well with rapid change and only people who have entirely cut themselves off from their neighbours will be indifferent to the ceaseless change in their locality (presumably one of the reasons for the high support for ‘remain’ among Londoners?). Yet the hostility or unease with which new and different people are regarded cannot be unconnected with a lack of security in personal identity and purpose. To give a slightly tangential example: the bemusement with which Ramadan is greeted is only possible from someone who is a total stranger to Lent.

Before we consign the leave vote to the inevitable consequences of the growth of heathenism, however, we might also note that – inadvertently – the ‘leave’ campaign has reminded us that the values and culture of society matter. We cannot be indifferent to how other parts of the country are just so long as we’re content in Cambridge; and while we might be unhappy with how it is articulated, it is not wrong for places elsewhere which have undergone rapid transformation to question where it is leading or what we all have in common and what is taken as a given about living in the UK.

What is to be done, therefore? Well, prayer and work for hospitality and welcome to those in need from other lands, should be a given. The vote for leaving the EU should also wake us from our liberal complacency and make us realise that Christian evangelism is not an optional extra or an uncomfortable thing to be avoided but rather an existential necessity – not just for the church but for society, because a society that ceases to be Christian is one that loses from its DNA, *inter alia*, the command to value all people equally, not to mention the command to love our enemies (which those of us who voted ‘remain’ could do with remembering too). I hope that we at LSM will be given renewed zeal to share and grow in the Christian faith not just because our Lord commands it but because our society needs it.

With my prayers and God’s blessing, I am,
yours in the Lord,
Fr Robert.

People for our prayers

I am sad to report the death of two members of our congregation in recent weeks. **Cynthia Clayton**, who came to us when she retired to Cambridge from Steeple Morden, died on Tuesday 14th June. Cynthia was a regular at the 8am and at midweek celebrations and a visitor at a local hospice. In recent years her physical health had meant she'd been unable to get to LSM and had become a home communicant. Eighteen months ago she moved to the Barchester Care Home in Bottisham and was visited by us but also by the local parish priest. Her funeral will be at Steeple Morden Parish Church on Wednesday 13th July at 2.:0pm.

Ann Lamb retired to Wales a short time before I became Vicar but was a member of the congregation here for many years and an indefatigable supporter of the work of the Borneo Mission Association, editing its journal until the Association was wound up last year. Ann died in hospital on Monday 13th June. I'm delighted to report that Patricia Davies and Sheila Bennett will be representing LSM at Ann's funeral on Monday 27th June. May Cynthia and Ann rest in peace and be welcomed with angelic joy into the heavenly kingdom.

Christian giving renewal report

I will be writing personally to all those who increased their giving to the parish but I wanted to let you all know that, in response to our appeal, thirty members of the congregation have pledged to increase their giving by over **£15,000** for the next full year. This is a very generous response: an average increase of almost £10 per week per person.

Obviously, other giving will decline due to death, people moving away or changes in personal circumstances so this £15,000 is unlikely to be a net increase. This of course in no way detracts from the generosity of the response, however. Thank you so very much!

If you never got round to reviewing your giving, it's not too late! Just email Richard Martin rx_martin@hotmail.com or take a form at the back of church.

Calcutta Cathedral Relief Service: help needed with fund-raising

Clive Brown writes:

Whom We Need: Someone with enthusiasm and an interest in fund-raising to help apply for grants from organisations with money to give away, starting with the Department for International Development (DfID) and moving on to charitable trusts. It would suit a young person who is thinking of working in international development, perhaps someone in a gap year pre or post university. No previous experience is needed, but creative writing skills, internet skills, as well as persuasion and charm will be a help.

The Project: CRS is establishing a social enterprise in Kolkata to employ slum women, who have been trained in sewing and embroidery, to make products which can be sold both in India and on overseas markets, particularly the UK. The business being set up in India is called Nari Dana, which is Bengali for “Women’s Wings”. There is a core team of 30 women who are working under Ritu Ghosh, who has been employed as Production Manager. New industrial sewing machines have been bought, and a production centre established in the grounds of the Cathedral. Ritu has been working closely with Veronica Karlsson-Doresamy, who is setting up a web-based business in the UK (Tabitha Living) to sell products made by Nari Dana and other similar sources.

The Need: Both Nari Dana and Tabitha Living need to raise additional funding to get them established. We are nearly there, but need the extra finance to get both businesses established and up and running.

The Work: The job is to identify possible sources of funding, find out what is needed in order to apply for grants, and write and submit grant applications. It may be necessary in some cases to go and see potential donors. You will not be expected to work on your own, but as part of the CRS team.

Time Commitment: Estimated at two or three days a week over four to five months, but variable obviously on the amount of time you have available and on how successful the initial applications are.

Can you help? If so, please contact me: clivebrown21@virginmedia.com



Calendar and Intentions

for

July 2016

*The list of Thanksgivings and Intercessions offers a focus
for our daily prayer, both at the Offices and Mass,
and in our personal times of prayer.*

*The Vicar would be glad of suggestions or
additions to the list of daily intention*

Calendar for July

LM-Low Mass, SM-Sung Mass, HM-High Mass

Fri	1 st	Of the Sacred Heart
Sat	2 nd	Of the Precious Blood
SUN	3rd	SIXTH SUNDAY after TRINITY
Mon	4th	S. Thomas, Apostle. LM 12:30pm, SM7pm
Tue	5 th	
Wed	6 th	<i>S. Thomas More & S. John Fisher, Bishop, Martyrs</i>
Thu	7 th	
Fri	8 th	
Sat	9 th	Of the BVM
SUN	10th	SEVENTH SUNDAY after TRINITY
Mon	11 th	S. Benedict, Abbot
Tue	12 th	
Wed	13 th	
Thu	14 th	John Keble, Priest
Fri	15 th	S. Swithun, Bishop
Sat	16 th	<i>S. Osmund, Bishop</i>
SUN	17th	EIGHTH SUNDAY after TRINITY
Mon	18 th	<i>Elizabeth Ferard, Religious & Deaconess</i>
Tue	19 th	S. Gregory of Nyssa, Bishop & S. Macrina, Religious
Doctors		
Wed	20 th	<i>S. Margaret of Antioch, Martyr</i>
Thu	21 st	of Requiem
Fri	22nd	S. Mary Magdalene LM 12:30pm, SM 7pm
Sat	23 rd	<i>S. Bridget of Sweden, Religious</i>
SUN	24th	NINTH SUNDAY after TRINITY
Mon	25th	S. James, Apostle LM 12:30pm, SM 7pm
Tue	26 th	Ss Joachim & Anne, Parents of the BVM
Wed	27 th	<i>Brooke Foss Westcott, Bishop & Doctor</i>
Thu	28 th	
Fri	29 th	Ss Martha, Mary & Lazarus
Sat	30 th	William Wilberforce, social reformer
SUN	31st	TENTH SUNDAY after TRINITY

Daily Intentions and *Anniversaries of death for July*

Understanding of Christ's love	<i>James Dyson</i> 1 st
The homeless	<i>Daniel Golding, Eunice Francis</i> 2 nd
Our Parish & People	<i>Tom Forte</i> 3 rd
Those burdened with doubt or anxiety	<i>Jack Hunter, Alfred Francis</i> 4 th
Increase in prayer	<i>James Owen pr.</i> 5 th
Politicians	6 th
South Cambridge Deanery	<i>Dorothy Oakley</i> 7 th
The Friends of LSM	8 th
The Shrine of Our Lady of Walsingham	<i>Matthew Richards, Peter Waring</i> 9 th
Our Parish & People	<i>Eileen Thorpe</i> 10 th
Benedictine Monks	<i>Robert Runcie, bp., Sally Theobald</i> 11 th
Diocese of Ely	<i>John Rose</i> 12 th
The unemployed	<i>Audrey Styler, Laurence Fletcher</i> 13 th
Parish Priests	14 th
Bishop Stephen	<i>Joyce Fletcher, Miranda Long</i> 15 th
Increase in vocations	16 th
Our Parish & People	<i>Jim Campbell, Elisabeth Barnes</i> 17 th
All Ordained to the permanent Diaconate	<i>Winifred Eakhurst</i> 18 th
Theologians	<i>John Gibson, Gordon Roe, bp.</i> 19 th
All Martyrs	20 th
The faithful departed	<i>Emily Marguerite South, Simon Hallam</i> 21 st
Prostitutes	<i>John Butterfield</i> 22 nd
Vocations to the Religious Life	23 rd
Our Parish & People	<i>Amanda Copley</i> 24 th
Increased love of scripture	<i>Pat Morgan</i> 25 th
Parents	26 th
Westcott House	<i>Kathleen Waring, Savitiri Perera</i> 27 th
Sufferers from mental illness	<i>Phyllis Price, Neville Woods</i> 28 th
Those who mourn	<i>Diana Goodhart</i> 29 th
Amnesty International	30 th
Our Parish & People	31 st

What if I arrive late for Mass?

The Vicar writes:

The Church of England – in common with all Christian traditions – commends careful preparation of each communicant before the Eucharist. We should arrive in good time to catch our breath, pray the Collect for Purity (or some similar prayer for attentiveness and devotion during the service) and make our intention (where we wish the graces and blessings given to us in the Eucharist to be directed – whatever our especial focus of prayer is for this particular Mass).

Sometimes, however, we are late for whatever reason and arrive not only with no time to do all these things but after the celebration of the Eucharist has begun. Should we receive Holy Communion in these circumstances?

The Church's general view is that **if you have arrived before the reading of the Gospel then you can make your Communion**. If you arrive afterwards then it is best to make an act of spiritual Communion (see below). If we arrive late but before the Gospel and wish to receive Holy Communion, what should we do? We will have missed making a general confession of our sins and so in a space in the Eucharist (perhaps while the altar is being prepared or during the Intercessions) we can pray the confession we usually use at the beginning of Mass together with the Kyries. This sets us in the right frame of mind for the offering of the Eucharist and we can then go on to share in the celebration fully.

What is an act of **spiritual Communion**? It is a prayer we can use when we are not actually receiving Holy Communion; it is useful not only if we have arrived late to Mass but if we are at a Roman Catholic Church in this country (where we are not allowed to receive the Sacrament). The following prayer is a good one:

**My Jesus, I believe that Thou art in the Blessed Sacrament.
I love Thee above all things, and I long for Thee in my soul.
Since I cannot now receive Thee sacramentally,
come at least spiritually into my heart.
As though Thou hast already come,
I embrace Thee and unite myself entirely to Thee;
never permit me to be separated from Thee. Amen.**

Wanted: Warehouse Manager for Cambridge City Foodbank (Volunteer)

This is a senior management position with administrative responsibility for our main warehouse and satellite warehouses. The role will be appropriate for someone who has strong organisation skills. Ideally the candidate will have managed warehouse, retail or logistics operations before but this is not a requirement. The time required is two mornings a week on-site plus a few hours a week working at home.

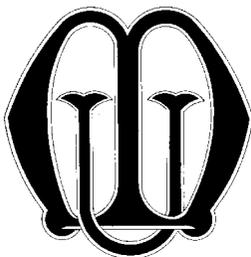
Contact: volunteer@cambridgecityfoodbank.org.uk

or call 07772 538628.



Mothers' Union Thursday Prayer

The Mothers' Union meets at LSM once a month (usually the fourth Thursday) so that members in the diocese can come together and pray for the work of the Mothers' Union. Those who are not members are also very welcome to attend. Below are the dates for the coming months:



July 28th – Theme: Sharing our Faith
August 25th – Theme: Supporting each other
September 22nd – Theme: Living as salt
October 27th – Theme: Faithful service
November 24th – Theme: Living as light
December 15th – Theme: Our incarnate God.

All are very welcome to attend and pray for a special concern, and then enjoy coffee and cake in the Parish Centre.

Hospital Visiting: a ministry for you?

The lead chaplain at Addenbrooke's hospital, Derek Fraser, writes:

Have you a few hours to spare a week? Do you like meeting people, listening to their stories and encouraging them on their spiritual journey? Then you might be able to help the chaplaincy at Addenbrooke's Hospital. We are looking for lay visitors who will come in, adopt a ward and visit the patients on a weekly basis.

A Chaplaincy Ward Volunteer will be expected to make a minimum commitment of one session (two hours approximately) at a regular time each week and to attend in-service training and reflective practice meetings. All Chaplaincy Volunteers will be allocated by mutual agreement to a particular ward (where possible) on a regular basis. Usually the Volunteer is provided with a list of names of patients to visit on the ward that has been allocated to them and, in the case of patients who have been seen before, brief details of previous contact. Once on the ward, the Chaplaincy Volunteer will be expected to liaise with the nursing staff, and to build a good working relationship with them. He or she will obviously respect the authority of the Ward Manager and not interfere with any clinical, medical or nursing activities. Chaplaincy Volunteers will have the freedom to use their initiative in dealing with patients and situations, under the support, guidance and supervision of the Chaplaincy Team. Once back from the ward, Chaplaincy Volunteers need to make brief written notes about the patients they have seen and to make recommendations to the Chaplaincy Team as necessary.

Benefits include role satisfaction, membership of a committed and supportive team of chaplaincy staff and volunteers, initial and ongoing training and the covering of travel expenses.

Regular ten-week lay visitors' training courses are run by the Chaplaincy Department at Addenbrooke's Hospital; the next one starts on Wednesday 14th September in the morning. For further details and a registration form please contact the Chaplaincy Administrator:

Box 105

Addenbrooke's Hospital

Cambridge CB22 0QQ

Tel. 01223 217769. Email: chaplaincy@addenbrookes.nhs.uk

The Friends of Whitworth House

Tim Wheatley writes: “The Friends of Whitworth House” is a charity supporting residents of Whitworth House, a hostel for homeless young women which the Friends raised the money to buy. More recently the Friends raised more than £100,000 to help fund building an extension to provide two move-on flats for residents leaving the hostel.

It will perhaps be recalled that there was a spell late last year when the then trustees were considering closing the charity. A number of us wanted the charity to continue, and at an Annual General Meeting at the end of March this year the incumbent trustees retired, and a new team intent on continuing the charity took over.

The Trustees are now chaired by Sarah Martin, a former chair; I am Treasurer and the Secretary is the Rev'd Ank Rigelsford of the parish of the Ascension. From LSM there are Ruth Jackson, who is Vice-Chair, Helena Phillips-Robins and Jo Wibberley (who also represents the Mothers' Union). Other trustees include David Whitworth, the son of the founder, and Colin Wiles, a professional manager of social housing.

A continuing problem is finding affordable accommodation for residents leaving the hostel and, with Colin's guidance, we are seeking ways in which we can help. We already provide cookery lessons for residents, and we are considering extending this to offering gym membership and special help with transport for training and educational opportunities and for job interviews.

The Cambridge Churches Homelessness Project has revealed that there is a problem with supporting the relatively small number of homeless women. We are looking at ways in which the Friends of Whitworth House can help address this problem. We are planning a series of fund-raising events including a coffee morning on 9th November 2016 at Magdalene College and a Burns' Night Ceilidh on Friday 27th January. If you would like to know more, or get involved, do get in touch with me or any other of the trustees. We shall be seeking donations to extend our work. There is a particular need for flats to be let at affordable rents to residents moving to independence from the hostel, and there are ways in which tenancies can be established which would protect the interests of the owner. Systems are

now in place which would ensure that prospective tenants would come with a positive reference from the managers of Whitworth House.

Meet our new Pastoral Assistant

He writes:

My name is Yaroslav Sky Walker, and I am delighted to be joining the parish as Pastoral Assistant. I was born in June of 1992, in the City of Bath, to a Russian mother (hence the exotic name) and an English father. When I was two years old my parents moved to Dollis Hill, London, and then when I was four we finally settled in Little Chalfont, Buckinghamshire. I have two younger brothers, Nikita and Sasha, and several young cousins – I am godfather to one. I recently got engaged to my girlfriend, Amy. Amy is coming to Cambridge this autumn to study for a PGCE as part of her teacher training.



I studied Theology at Oxford, and while at university I began to discern a call to the priesthood. After leaving university, I undertook a Pastoral Assistantship at St Pancras Old Church, in Camden. In my time off, I enjoy reading – especially turn-of-the-century short comic novels – and cooking. I am incredibly excited about coming to Cambridge and working and praying in a new setting, with new joys and new challenges, and am especially eager to meet you all.

With my prayers,

Yaroslav Sky Walker.

The Vicar writes: We say a sad farewell to Hannah on Sunday 14th August and a happy hello to Yaroslav on Thursday 1st September. Hannah will write in the August newsletter. Do keep both Hannah and Yaroslav in your prayers.