

Little Saint Mary's, Cambridge NEWSLETTER

November 2016: No. 496



This newsletter contains details of All Saints' & All Souls' Days, the annual Michael Ramsey Lecture, the monthly Forum Lunch, the PCC meeting, and the Mothers' Union meeting, together with the usual intentions for prayer and more.

Highlights of November

Tuesday 1st November **ALL SAINTS' DAY**

Low Mass – 7:45am; High Mass – 7pm *followed by refreshments*

Wednesday 2nd November **ALL SOULS' DAY**

Low Mass – 10am & 12:30pm; High Mass of Requiem – 7pm

Sunday 6th November **DEDICATION FESTIVAL**

Preacher at 10.:0am High Mass:

The Rev'd Lucy Gardner, Tutor *at* S. Stephen's House, Oxford

Monday 7th November **Michael Ramsey Lecture – True Image?**

Versions of Veronica: Histories of a Station of the Cross

5:15pm *in the Parish Centre*; given by Professor Barry Windeatt, DLitt

Tuesday 8th November **Forum Lunch for sufferers from dementia and their carers.**

11:30am-3pm. *New cooks and helpers wanted (training given).*

See Bob DeWolf for information.

Sunday 13th November **Remembrance Sunday**

10.:0 High Mass including an Act of Remembrance and a Station at the War Memorial

Tuesday 15th November **Parochial Church Council**

7pm – Low Mass; 7:30pm – PCC Meeting *in the Parish Centre.*

Thursday 17th November **Catholic Societies of the Church of England**

7.:5pm – Guild of All Souls Office; 8pm – Requiem Mass *for departed members*

Thursday 24th November **Mothers' Union**

10:30am – Prayers *in the Lady Chapel*; 11am – Coffee *in the Parish Centre*

Wednesday 30th November **S. Andrew, Apostle**

Low Mass – 10am; Sung Mass – 7pm *followed by refreshments*

From the Vicar

28th October 2016

Dear Brothers and Sisters,

One piece of advice my first parish priest gave me was: 'Don't set too many hares running at once.' I realised last week, as deadlines for Faculty applications for the Stations of the Cross in memory of Fr John Hughes and the redecoration of the Lady Chapel together with the paperwork for my annual Ministerial Development Review drew near, that I ought to have taken his advice to heart...

The irony was always that my Vicar, Fr Bagott, never ceased to have new ideas and plans for things and the Assistant Curate and Pastoral Assistant worked on the principle that one ignored any particular idea until he mentioned it at least two more times – otherwise you'd go mad!

Is frantic activity the recipe for holiness, however – or indeed anything else? *Stop the world, I want to get off* – originally a 1961 musical by Anthony Newley – is a phrase you hear more and more. The 1961 date reminds us that this is not a new problem but it seems genuinely to have intensified in recent years, caused in part, surely, by an explosion in the quantity of information available to us thanks to the internet.

Frantic activity is always partly a response to demand: there are genuinely plenty of things to do. In addition to this, however, there is frantic activity to cover up emptiness or escape a painful truth. 'Keep yourself busy' is good advice after a bereavement or some other loss, but it should not get

in the way of genuine mourning and lamentation. It is good to keep active but as Christians we are also supposed to be people of the interior life too.

The befriending of our interior life – one of which we might be terrified for fear of finding painful memories, emptiness or darkness – is a lifetime's task. It is a lifetime's task because in entering into ourselves we are also pursuing God and He has no end or extent. Inevitably, therefore, spending time in silence and just sitting with ourselves is something we will never get to the end of.

We do, however, need to get to the beginning of it. In church our frantic activity is often a result of a sort of functional atheism, which says that the whole Church will collapse unless I prop it up; an idea which entirely forgets that the Church is the Body of Christ and belongs to God and so does not need propping up by me or anyone. Yet if it is just a human organisation then indeed everything does depend on me. This is an exhausting as well as a terrifying thought.

'Bidden or unbidden, God is present.' So read the wall sign in a shop in Walsingham I was in two weeks ago. Stopping to spend time in prayer, a discipline and gift which the Devil desperately wants us not to do, is about becoming attuned to the fact that God is present. Strangely, when we have spend time in prayer we often find – in a way we can't explain – that we seem to have more time to do things rather than less.

November is the month when we praise God for His Saints – those already made perfect (All Saints' Day, 1st Nov) and the faithful departed who are on the way (All Souls' Day, 2nd Nov), together with all those who have worshipped in this place (which was dedicated to the worship of God on 3rd Nov 1352). The Saints were Saints not because of frenetic activity but because, like the glass that depicts them, they let the light through. The

priest's job, it has been well said, is to 'make God possible' for people through worship and teaching and pastoral care and then to get out of the way. The rest we leave to God, whose Triune life of love and joy and bliss that we call Father, Son and Spirit, is not in the least frantic but pure relaxed delight. 'God enjoys being God,' as Bishop Rowan Williams has beautifully observed!

If you are engaged in frantic activity, may this month be to you an opportunity to pause; if you are avoiding looking into yourself in silence for fear of what you might find, may this month be an opportunity to realise that within the darkness and pain is the love of God and not only His love but – as our eyes grow accustomed to the gloom – we see myriads and myriads of the holy ones, the communion of the saints, who pray with and for us and surround us, would we but know it.

With my love and prayers for you all this month, I am,
yours in the Lord,

Fr Robert.

Ian Paton's funeral took place on Thursday 20th October in the West Chapel of Cambridge Crematorium. There were about forty people present including members of staff from Waitrose and Jamie's Italian, a touching witness not only to Ian's love of food but also his great gift for friendship. He is now reunited with his beloved Helen and their son David.

May he rest in peace.

Cambridge Churches Homeless Project... a new season!

Now in our fourth year, the CCHP is a joint project of a number of Cambridge city churches, and one synagogue, who offer overnight hospitality during the coldest months of the year to people who would otherwise be sleeping on the street.

Each church hosts the project on one night of the week, and is staffed by volunteers from their own congregation and from other churches who combine to offer a warm welcome, hot supper, and a safe place to sleep in our churches and parish halls. The Project is run by a co-ordinating team of representatives from all our churches, who also manage the system of guest referrals and night-to-night co-ordination and pastoral care.

This year we will again be hosting the CCHP at LSM, welcoming 15 guests to the church and parish centre every Tuesday night from December to March. We have had wonderful support from members of the LSM congregation in previous years but we shall again be needing new volunteers!

We need people to,

- . Prepare supper for 25 people (7-9pm)
- . Join us for supper and stay the night at church (7pm-7am, including time to sleep yourself)
- . Wash sleeping bag "sheets" (1-2 machine loads each week)
- . Drive the "kit" (1 largish car full) from LSM to Castle Street at 7:30 or 8am on Wednesday mornings!

To find out more, we are running three volunteer information and basic training evenings, to include supper and a chance to hear more about the project and meet the team:

- . Thursday 3rd November, 7pm at Beth Shalom Synagogue, Auckland Road
- . Tuesday 8th November, 7pm at LSM

. Thursday 10th November 7pm at Great St Mary's

...come to whichever evening suits you best!

Volunteering with the CCHP is a manageable and inspiring way to be involved in helping one of the most desperate needs in our city, as the number of people with no-where to live continues to rise and the resources set up to help them are stretched to their limits.

We all see homeless people on the streets, and it can be hard to know what (if anything) we can do, as one person, to help: as a project, and with the collective resources, kindness and hospitality of all our churches, we really can make a difference.

Last year we welcomed 36 different people to the supper table during the winter season, 22 of whom moved on to accommodation elsewhere: let's see what we can do in 2016-17.

Further details from Fr Robert, Fr Max or Lucy McKitterick
lrn26@cam.ac.uk

Thank you!

You are warmly invited to attend . . .

The Friends of Whitworth House

Annual Coffee Morning



at



Benson Court,
Magdalene College

Wednesday 9th November 2016

10.30am-12pm



£3 entry (includes refreshments)

*** cake sale | bring & buy stall | raffle ***

Calendar and Intentions for November 2016

The list of Thanksgivings and Intercessions offers a focus for our daily prayer, both at the Offices and Mass, and in our personal times of prayer.

The Vicar would be glad of suggestions or additions to the list of daily intention

Calendar for November

LM-Low Mass, SM-Sung Mass,

HM-High Mass

Tue	1st	ALL SAINTS' DAY
Wed	2nd	ALL SOULS' DAY
Thu	3 rd	Richard Hooker, Priest
Fri	4 th	of the Sacred Heart
Sat	5 th	
SUN	6th	DEDICATION FESTIVAL (3rd before Advent)
Mon	7 th	S. Willibrord, Bishop & Missionary
Tue	8 th	Saints & Martyrs of England
Wed	9 th	<i>Margery Kempe, Mystic</i>
Thu	10 th	S. Leo the Great, Bishop and Doctor
Fri	11 th	S. Martin of Tours, Bishop
Sat	12 th	of the Blessed Virgin Mary

SUN 13th REMEMBRANCE SUNDAY (2nd before Advent)

Mon 14th *Samuel Seabury, Bishop*

Tue 15th

Wed 16th S. Margaret of Scotland, Queen & Philanthropist

Thu 17th S. Hugh of Lincoln, Bishop

Fri 18th S. Elizabeth of Hungary, Queen & Philanthropist

Sat 19th S. Hilda of Whitby, Abbess

SUN 20th CHRIST the KING (Sunday next before Advent)

Mon 21st

Tue 22nd *S. Cecilia, Martyr*

Wed 23rd S. Clement of Rome, Bishop & Martyr

Thu 24th

Fri 25th S. Catherine of Alexandria, Martyr

Sat 26th

SUN 27th FIRST SUNDAY in ADVENT

Mon 28th

Tue 29th

Wed 30th S. ANDREW, APOSTLE

Daily Intentions and *Anniversaries of death for November*

The intercessions of the Saints		1 st
The souls of the Faithful Departed		2 nd
Anglican Scholarship		3 rd
Greater devotion to the Sacred Heart	<i>Stephen Roskill, Alfred Whitham</i>	4 th
Parliamentary Democracy	<i>Sally Coni, Dorothy Roberts, Elizabeth Rayner,</i>	5 th
Our Parish & People		6th
Christianity in the Netherlands		7 th
Those living with dementia & their carers	<i>Joyce Wolton, Dick Richardson</i>	8 th
Christian Mysticism		9 th
The Pope		10 th
Christian Bishops		11 th
Marian Shrines		12 th
Our Parish & People		13th
Episcopal Church of the USA	<i>Eleanor Fynes-Clinton</i>	14 th
The LSM PCC	<i>Dorothy Marlow, Mary Elizabeth Barnard</i>	15 th
Episcopal Church in Scotland	<i>Alan Huskinson</i>	16 th
Guild of All Souls	<i>Betty Clough, Dorothy Pickett, Ann Knight</i>	17 th
Increase in Christian Charity	<i>John Byrom, pr.</i>	18 th
The Religious Life in England		19 th
Our Parish & People	<i>Joyce Bones</i>	20th
Ridley Hall, Cambridge		21 st
Church Musicians	<i>Enid Barbara Hunter</i>	22 nd
Greater understanding by Anglicans of the Early Church		23 rd
Mothers' Union		24 th
Christian Apologetics	<i>Jan Ellison, Robert Beesley</i>	25 th
Victims of modern slavery	<i>Val Mendel</i>	26 th
Our Parish & People	<i>Freda Jones</i>	27th
Thanksgiving for the Patriarchs of the Old Testament	<i>Ronald Fletcher</i>	28 th
The homeless of Cambridge	<i>John Clough</i>	29 th
Our Call as Christians	<i>Peter Smith, Ann Watson, William Thurbon, Harold White,</i>	30 th

Saint of November

10th November – Leo the Great

God our Father,
who madest Thy servant Leo
strong in the defence of the faith:
fill Thy Church with the spirit of truth
that, guided by humility
and governed by love,
she may prevail against the powers of evil;
through Jesus Christ Thy Son our Lord,
who liveth and reigneth with Thee,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.



Leo the Great (the first pope to have been called 'the Great') was Pope from 440 to his death in 461. Leo developed the doctrine of papal primacy, based on his personal devotion to St Peter and on the veneration for the Apostle and his tomb in Rome. Leo appealed to the civil power for support and obtained, from Valentinian III, the famous decree of 6 June 445, which recognized the primacy of the bishop of Rome based on the merits of Peter.

An uncompromising foe of heresy, Leo's writings are mostly concerned with theological questions concerning the person of Jesus Christ. Leo defended the true divinity and the true humanity of the one Christ against heresy – two natures in one person, uncompromised and undivided. His

contributions to defining the nature of Christ culminated in the famous 'Tome of Leo' .

In 452 Leo was one of three consuls sent by the Emperor to dissuade the invasion of Attila the Hun. Little is known of the specifics of the negotiations, as a result of which Attila withdrew. Most ancient and medieval historians celebrated Leo's actions, giving him all the credit for this successful embassy. According to Prosper of Aquitaine, who was alive at the time of the event, Attila was so impressed by Leo that he withdrew.

Leo died in 461 and, as he wished to be buried as close as possible to the tomb of St Peter, his body was placed in a tomb in the portico of Saint Peter's basilica on 10 November of that year and in 688 was moved inside the basilica itself.

2016 Update from Makeni Ecumenical Centre and St Nicholas Orphanage

The Makeni Ecumenical Centre in Zambia has been going for quite a long time now, having been in existence since 1971. It was founded by the late Fr Pierre Dil and his wife Mrs Wenda Dil, who still plays an active part in the running of the centre and is the current Company Secretary.

Its overall mission is straightforward, having "the sole aim of empowering people to live a decent life". To this end, the centre offers training in agriculture, food production, tailoring, carpentry and computer applications. In addition to this Makeni provides HIV/AIDS support, home-based care for orphans and vulnerable children, agricultural settlement, a primary and secondary school and an orphanage.

The St Nicholas Orphanage currently has 28 children. This is supported by members of LSM's congregation through a monthly donation scheme. We started out by sponsoring particular children, but as some of the original children we followed have grown up and left the orphanage - happily moving on to jobs or further education - it was felt

more worthwhile to support the work of the orphanage as a whole, rather than have to select additional individual children to follow which was not an easy task - why choose one over another? It was a decision we didn't want to have to make.

The orphanage sits within the St Nicholas Children's Village. Makeni provides support and schooling for very young children through to those in their late teens. The Baby class has recently benefited from a new roof with ceiling boards that help regulate the classroom's temperature. It was becoming very hot in summer and very cold during the winter! A shelter has also been extended between the dining hall and kitchen giving the children more space to sit and play games. The orphanage's toilet and sanitary system has also been refurbished. The older children sometimes write about their progress in Makeni's quarterly newsletters. They are always ambitious and hugely grateful for the support they have received.

The two most recent newsletters from Makeni will be available for you to read on the notice board and feature articles from two boys who have been supported through Makeni and are now both taking a course in auto-mechanics at Lusaka Vocational Training Centre.

New/Used Postcards Wanted - Stamped or Unstamped (please leave stamps on)

Postcards are urgently needed to sell at Postcard Fairs in order to raise money for the Church in South Sudan and Sudan where life is very tough with renewed fighting.

If you have any postcards you can part with please contact Joanna Sanders: 01223 893063 sanderschimneys@uwclub.net Thank you!



1 in 3 women across the world will be affected by **domestic violence** at some point in their life. **It's not ok!**

Silent Vigil 11am – midday **Thursday, 1 December 2016**

St. Catherine's Chapel, Ely Cathedral



Domestic Violence Silent Vigil at Ely Cathedral

For further information about the 16 days of activism go to the MU website www.mothersunion.org



These MU Christmas cards will be available to order. Samples and an order form will be at the back of the church. Last orders on 30th November to ensure you get them in good time. Enquiries to Jo Wibberley:

jowibs.lsm@gmail.com - 01223 248728

Advent Groups

The Vicar writes: As my letter this month makes clear, one of the things we need to avoid is frantic activity and rather to spend time open and waiting for Jesus Christ. I hope we can thus use our Advent Groups this year as precious spaces in which to do this. To that end our Groups will take the form of four bible studies on key scriptural texts related to Advent, each of which will be preceded by a time of Lectio Divina – prayerful reading together of the words waiting for the Lord to speak to each of us. No previous experience, etc necessary!

7.30pm on Thursday 1st, Monday 5th Dec, Thursday 15th and Monday 19th December.

Diocese of Ely

Annual Celebration of Healing and Wholeness

Saturday 5th November 2016, 10am to 4pm, Baptist Church, Histon

A Christian gathering to learn about, and share, in our limited abilities. We will hear from diverse voices about the experience of living with disability; we will learn about disability and the church; and we will share music, art and drama together as we worship.

SPEAKERS:

Plenary: David and Debbie Ford; Preacher: + Stephen, Bishop of Ely; Communion service led by Rev James Hickish

WORKSHOPS:

Catherine Price: making a church accessible; Ros Hunt: deaf people, sign language and church; Jan Payne: hidden disability; Sue Evans: caring for carers

INVITED GUESTS

Lyn's House. A community of four young men and women who live together in community, committing to pray together and to provide hospitality and build friendships with people with intellectual disabilities in and around Cambridge. The aim of Lyn's House is to promote the rights of vulnerable adults, particularly their right to be protected from harm, abuse and exploitation.

BOOKING/ FURTHER INFORMATION: (£15 per person)

<https://event.bookitbee.com/8922/sharing-in-disability/>

Alasdair Coles, ajc1020@medschl.cam.ac.uk



The Return of USPG

Many of you will know we have supported the work of the USPG / Us, both when they were supporting Bishop Bill Godfrey in Peru and through collection boxes and special events.

You may remember that about four years ago USPG rebranded themselves as the 'United Society' to be known as 'Us'. Since then, 'Us' have had a re-think, and are returning to USPG, but with USPG now standing for United Society Partners in the Gospel, not United Society for the Propagation of the Gospel.

On their website, USPG explain their change...

"As well as reintroducing 'Gospel' into our name, the new meaning of USPG emphasises our focus on working in partnership with the world church, while also encouraging the Anglican Churches of Britain and Ireland to participate more deeply in that partnership. The official change to USPG was launched at the recent Greenbelt festival at the end of August, which showcased both a new USPG logo and a visual style that looks a little different from that associated with the Us brand. Be assured, in all our communications, we will be maintaining our focus on the important and inspiring work of our global partners. This remains an integral part of who we are and how we communicate as an organisation. We have been so grateful for your support and encouragement throughout this process. Thank you for sharing your views and concerns with us, and helping us to continue developing our engagement with mission. We hope you are as excited as we are about this change to USPG, and about this next step in

our journey of moving towards an approach to overseas mission that is truly inclusive and empowering.”

In case you've lost track of the names, here is the timeline that has been followed:

1701: The Society for the Propagation of the Gospel in Foreign Parts (SPG) is created by Royal Charter

1965: SPG and the Universities' Mission to Central Africa (UMCA) merge to form the United Society for the Propagation of the Gospel (USPG)

2012: Changed to The United Society, to be known as Us

2016: Changed to USPG (United Society Partners in the Gospel)

Advent Rosary

On 27th November the new Christian year begins, and we enter the liturgical season of Advent. Traditionally this is a time of penitence and expectation; we are called to reflect on the First Coming of Our Lord at Christmas (and the sins that necessitated this), and to look forward to the Second Coming. In short, Advent is a time where we attempt to refine our discipleship, and to ready ourselves to receive the joy of Christ's coming into the world.

Traditionally, the rosary has been a devotion most suited to such a focus. In essence, praying the rosary is participation in the life of Mary, whose sole focus was Christ and in whose very body Jesus came to be. Praying the rosary is then part of Jesus Christ being formed in us. To this end, Yaroslav will be praying the rosary at 5:30pm, Tuesday-Friday, in the Lady Chapel, throughout Advent – and would like to invite anyone interested to join him.

Cambridge City Foodbank – Transport Needed

The Little Saint Mary's congregation has been generous in bringing in goods for the Cambridge City Foodbank. Help is needed, however, in getting the foodbank box to the depot. It would be most welcome if someone could volunteer to drive the box from LSM to the depot each week. Donations can be taken there 9:30am-1pm, Mondays and Fridays only. The depot's address is:

CCFb Warehouse, Unit 4 Orwell Furlong, CB4 0WY

If you can help, please contact Patricia Boulhosa or Bob DeWolf at robert.s.dewolf@gmail.com or by telephone on 07500 071700. More information about Cambridge City Foodbank, including how you could help out in other ways, can be found at <https://cambridgecity.foodbank.org.uk>

Caring for our Altars: you helped!

The Vicar writes:

Thank you so much to the large number of people who responded with both speed and generosity to our appeal in the October newsletter. Thanks to your kindness we have been able to order enough 'fair linen' for two sets of altar cloths for each of our three altars. This means we need no longer rely on patched-up and misshapen cloths but can have what Canon Law of the Church calls 'fair linen' for all of the places on which the Eucharist is celebrated at LSM.

Little S. Mary's, Trumpington Street, CAMBRIDGE CB2 1QG.

Tel: 01223 366202

Open daily for prayer and visiting, 7:30am to 6:30pm

www.lsm.org.uk